



# Onslow County Senior Games & SilverArts Entry Packet

## March 28 ~ May 2

### What's Inside?

Age Categories .....	2
Eligibility Information.....	2
Awards.....	3
Inclement Weather .....	3
Fees for Games .....	3
Address of Events & Activities ...	4
SilverArts Forms .....	8
Medical Form & Waiver .....	9
Schedule of Events .....	11
Special Events & Dates .....	12
State Finals Information .....	12



### For more information, Contact:

#### Onslow County Senior Games

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## FINAL ENTRY DEADLINE

### March 21, 2020

**\$5 Registration Fee for Onslow County Residents**

**\$10 Registration Fee for Non-Residents**



Onslow County Senior Services





*In 1983 Senior Games began with a vision for North Carolinians 50 years of age or better to be more active, to learn new skills, to renew old talents, to live better and healthier, and to have more FUN! Today, there are over 60,000 participants in 53 local games programs that serve all 100 counties across the state. Join the Onslow County Senior Games for fun and fitness and celebrate yourself!*

## GENERAL INFORMATION

**GAME DATES – March 28 -May 2, 2020**

**\$5 Registration Fee for Onslow County Residents**

**\$10 Registration Fee for Non-Residents**

See the Schedule of Events on page 11 for more specific information.

This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored state wide by the North Carolina Division of Aging and Adult Services.

### ELIGIBILITY INFORMATION

In order to participate in the Onslow County Senior Games you must:

- ★ Be 50 years of age or older by December 31, 2020.
- ★ Be able to show proof of NC residency (3 consecutive months).
- ★ The registration fee entitles participants to participate in the activities of their choice.

### VERIFICATION OF ELIGIBILITY

Participants are required to bring a photo ID for check-in at all events.

### AGE CATEGORIES

Your age group is determined by your age on December 31, 2020. Men and women compete in separate categories in the following five (5) year age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+.

For doubles, the category will be determined by age of the younger participant.

### REGISTRATION PROCESS

1. Participant completes and signs the entry form and submits with total payment by March 21, 2020.
2. Check-in will begin at your first event.

Participants must check-in 15 minutes prior to competing in his or her first event (including all Tournament and Golf events). Participant will forfeit if not present at start of event.

**Return forms and payment no later than 5:00 pm on March 21, 2020 to:**

#### **Onslow County Parks and Recreation:**

1244 Onslow Pines Rd., Jacksonville, NC 28540

#### **Onslow County Senior Services**

4024 Richlands Hwy., Jacksonville, NC 28540

#### **Jacksonville Recreation and Parks**

100 Recreation Lane, Jacksonville, NC 28546

#### **Swansboro Parks and Recreation**

830 Main St Ext. Swansboro, NC 28584

# GENERAL INFORMATION CONTINUED

## RULES

All events will be conducted in accordance with the 2020 edition of the North Carolina Senior Games, Inc. Official Rule Book. A copy of the official rules will be available at the Games. The official rule book is also available online at [www.ncseniorgames.org](http://www.ncseniorgames.org).

## 5K INFORMATION

Senior Games participants will register directly through Run for the Warriors website and receive 20% off the advertised price by using the discount code *seniorgames*.

Pricing for 5K:

\$16 (Before February 1st) | \$20 (Feb. 1—April 3)

\$30 on Race Day

## FEES

**ENTRY** fee \$5 Resident | \$10 Non-Resident

**SEPARATE EVENT** fee for

**Bowling:** \$8 per event—pay to **Bowlarena**

**Golf:** \$25 for 18 holes—pay to **Bear Trail Country Club**

**5K:** \$20—pay to **Run for the Warriors**

**Use discount code: *seniorgames* for 20% off!**

**Mini Golf:** \$6 per participant  
pay to **Swingin' Things**

**DINNER** fee \$5 for Closing Ceremonies Banquet

**GUEST DINNER** fee \$5 for Closing

Ceremonies Banquet (please mark on entry form).

As a participant, your entry fee includes:

Participation in athletic and/or arts events and an Onslow County Senior Games T-shirt.

All fees are **NON-REFUNDABLE**.

## AWARDS

In athletic events, 1st, 2nd, and 3rd place finishers in each age group, male and female, will receive awards that will be presented at the event.

In the SilverArts, 1st, 2nd, and 3rd place finishers in each sub-category will receive awards that will be given at the banquet at the Onslow County Senior Center on Saturday, May 2, 2020 at 4:00 pm.

**\*Awards not picked up at the events will be available at the banquet. \***

## TOURNAMENT INFORMATION

Phone calls regarding start times **will not be made to** each individual. Participants who do not check in by the scheduled starting time will forfeit that event. Participants are also responsible for remaining at tournament events until they have completed their competition.

## GOLF INFORMATION

To qualify for State Finals, golfers must meet a minimum performance score (MPS) and finish in the top 3 places in their age group. Only athletes meeting the following minimum performance standard **in addition** to finishing 1, 2, or 3 at the local level will qualify to participate in golf at the State Finals.

Golf Minimum Performance Standards:

Men	Women
50-54 (88)	50-54 (97)
55-59 (88)	55-59 (97)
60-64 (91)	60-64 (99)
65-69 (93)	65-69 (105)
70-74 (95)	70-74 (105)
75-79 (99)	75-79 (109)
80-84 (103)	80-84 (113)
85-89 (108)	85-89 (118)
90+ (114)	90+ (123)

## INCLEMENT WEATHER

The decision to continue, delay, or reschedule an event due to inclement weather will be made by the Onslow County Senior Games Event Coordinator. Unless conditions are hazardous to the safety of volunteers and participants, events will continue. Call 910-347-5332 to check for updates. If there is no message regarding cancellation or delay, participants should report to their event site as scheduled. Event Managers will have the latest information. In the event of inclement weather, events may be cancelled. Please call for latest information.

**The scheduled rain date for the opening ceremony and field events will be March 29, 2020, starting at 1:00 PM.**



**GAME DATES – March 28, 2020 – May 2, 2020**

See the Schedule of Events on page 11 for more specific information

*This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored state wide by the North Carolina Division of Aging and Adult Services.*

**STATE FINALS INFORMATION**

**SilverArts**

- Heritage and Visual Arts 1st, 2nd, and 3rd place finishers will advance to State Finals.
- Literary entries 1st and 2nd place will advance to State Finals.
- Performing Arts overall winner advances to State Finals.

**Sports**

Athletic events 1st, 2nd, and 3rd qualify to advance to the state by age category.

**Changes to State Finals for 2020:**

New State Finals Activities:

Mini golf & Power Walking -1500m, 5K

**Bowling State Finals qualification same as 2019:**

Bowling singles, doubles and mixed places 1-6 qualify for State Finals.

**SilverArts Category Change:** -Soloist with accompanist will be judged as a soloist, not small group

As of October 2019 NSGA has announced the following changes: Horseshoes is no longer a Nationals event. Power Walk is now a qualifying sport (1500m and 5k)

**Three New Open Sports Added** - The following open sports (no qualification needed) will be added to the lineup for the 2021 National Senior Games in Greater Fort Lauderdale, Florida: Cornhole – Several states already offer this growing sport, also known as bag toss.

Soccer 8v8 – There will be men’s and women’s age divisions. The 8v8 format will be played on a smaller field.

Beach Volleyball This competition will feature teams of four in both women’s and men’s age divisions.

**ADDRESS OF EVENTS & ACTIVITY VENUES**

- **Onslow Pines Park**  
1244 Onslow Pines Rd, Jacksonville, NC 28540
- **Onslow County Senior Services**  
4024 Richlands Hwy, Jacksonville, NC 28540
- **Jacksonville Commons Recreation Complex**  
100 Recreation Lane, Jacksonville, NC 28546
- **Bowlarena**  
433 Western Blvd, Jacksonville, NC 28546
- **Courts Plus**  
104 North Marine Blvd, Jacksonville, NC 28540
- **Bear Trail County Club**  
237 SW Plantation Dr., Maple Hill, NC 28584
- **Kerr Street Park**  
36 Kerr Street, Jacksonville, NC 28540
- **Riverwalk Park**  
421 Court Street, Jacksonville, NC 28540
- **Carteret County Speedway**  
501 Whitehouse Fork Rd, Swansboro, NC 28584
- **Swingin’ Things**  
133 Batting Cage Trail, Jacksonville, NC 28540

*To promote total health and physical fitness,  
events of longer duration and lower intensity are strongly recommended.*

*High intensity types of activities are offered primarily for the conditioned, trained athlete.*

# ONSLOW COUNTY SENIOR GAMES

2020 Official Registration Form

Athletics and SilverArts

March 28 — May 2, 2020

**Registration Deadline: March 21, 2020**

Please Print All Information Clearly

Name: _____					
First			Middle Initial		Last
First-Time Participant?	Yes	No	Onslow County Resident?	Yes	No
Mailing Address: _____					
	Street/Post Office Box		City	State	County Zip
Home Telephone: ( ) _____			Email Address: _____		
Birth Date: ____/____/____		Gender: M F		Age as of December 31, 2020 _____	
	Month	Day	Year		
T-Shirt Size: (circle one)	Small	Medium	Large	X-Large	XX-Large XXX-Large
<b>Personal Information</b>					
<u>Ethnicity</u>					
Black or African American _____		Asian _____		American Indian or Alaska Native _____ White _____	
Native Hawaiian or other Pacific Islander _____			Hispanic _____		Other _____
<u>Income</u>					
Annual household income is less than \$11,770 (1 person in household). Yes _____			No _____		
Annual household income is less than \$15,930 (2 people in household). Yes _____			No _____		
<u>Housing</u>					
Are you currently living in a senior living community? Yes ___ No ___ If yes, facility name _____					
<i>A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.</i>					

**Make checks payable to: Onslow County Senior Games**

### FEE SCHEDULE

- Registration Fee: **\$5 Resident | \$10 Non-Resident (includes t-shirt & lunch)**
- **Extra T-Shirt: \$5—what size/how many: \_\_\_\_\_**
- **Extra Lunch: \$5—how many: \_\_\_\_\_**
- **Closing Senior Games Banquet: \$5 (per person)**
- **Guest Senior Games Banquet: \$5 (per person)**

### PAYMENTS

Registration Fee	\$ _____
Extra T-Shirt Fee	\$ _____
Extra Lunch Fee	\$ _____
Banquet Fee	\$ _____
Guest banquet Fee	\$ _____
<b>Total Enclosed</b>	<b>\$ _____</b>

# Onslow County Senior Games Official Entry Form

## Athletic Events

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

### CHECK BOX TO THE LEFT OF YOUR EVENT CHOICE

*To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete.*

#### Individual Sports

<input type="checkbox"/>	<b>Bowling</b>
<input type="checkbox"/>	Singles
<input type="checkbox"/>	Doubles <i>List Partner</i>
<input type="checkbox"/>	Mixed Doubles <span style="color: red;">NEW</span> <i>List Partner</i>
<input type="checkbox"/>	
<input type="checkbox"/>	<b>Cycling</b>
<input type="checkbox"/>	1 mile
<input type="checkbox"/>	5K
<input type="checkbox"/>	10K
<input type="checkbox"/>	
<input type="checkbox"/>	<b>Golf-USGA Scoring (No Handicaps)</b>
<input type="checkbox"/>	Golf**
<input type="checkbox"/>	
<input type="checkbox"/>	<b>Track Events</b>
<input type="checkbox"/>	50 Meter Dash
<input type="checkbox"/>	100 Meter Dash
<input type="checkbox"/>	Silver Striders Fun Walk
<input type="checkbox"/>	Standing Long Jump
<input type="checkbox"/>	
<input type="checkbox"/>	<b>Other</b>
<input type="checkbox"/>	Basketball Shooting
<input type="checkbox"/>	Football Throw
<input type="checkbox"/>	Softball Throw
<input type="checkbox"/>	Mini Golf** <span style="color: red;">NEW</span>
<input type="checkbox"/>	5K Road Race** <span style="color: red;">NEW</span>

#### Tournament Sports

<input type="checkbox"/>	<b>Pickleball</b>
<input type="checkbox"/>	Singles
<input type="checkbox"/>	Doubles <i>List Partner</i>
<input type="checkbox"/>	Mixed Doubles <i>List Partner</i>
<input type="checkbox"/>	
<input type="checkbox"/>	<b>Table Tennis</b>
<input type="checkbox"/>	Singles
<input type="checkbox"/>	Doubles <i>List Partner</i>
<input type="checkbox"/>	
<input type="checkbox"/>	<b>Tennis</b>
<input type="checkbox"/>	Singles
<input type="checkbox"/>	Doubles <i>List Partner</i>
<input type="checkbox"/>	Mixed Doubles <i>List Partner</i>
<input type="checkbox"/>	
<input type="checkbox"/>	<b>Other</b>
<input type="checkbox"/>	Billiards
<input type="checkbox"/>	Croquet
<input type="checkbox"/>	Cornhole
<input type="checkbox"/>	Horseshoes
<input type="checkbox"/>	Racquetball
<input type="checkbox"/>	Shuffleboard
<input type="checkbox"/>	Softball Team <span style="color: red;">NEW</span>

#### Swimming (Limit 6)

<input type="checkbox"/>	<b>Backstroke</b>
<input type="checkbox"/>	*25 Yards*
<input type="checkbox"/>	50 Yards
<input type="checkbox"/>	100 Yards
<input type="checkbox"/>	200 Yards
<input type="checkbox"/>	<b>Breaststroke</b>
<input type="checkbox"/>	*25 Yards*
<input type="checkbox"/>	50 Yards
<input type="checkbox"/>	100 Yards
<input type="checkbox"/>	200 Yards
<input type="checkbox"/>	<b>Butterfly</b>
<input type="checkbox"/>	*25 Yards*
<input type="checkbox"/>	50 Yards
<input type="checkbox"/>	100 Yards
<input type="checkbox"/>	200 Yards
<input type="checkbox"/>	<b>Freestyle</b>
<input type="checkbox"/>	*25 Yards*
<input type="checkbox"/>	50 Yards
<input type="checkbox"/>	100 Yards
<input type="checkbox"/>	200 Yards
<input type="checkbox"/>	500 Yards
<input type="checkbox"/>	<b>Individual Medley</b>
<input type="checkbox"/>	100 Yards
<input type="checkbox"/>	200 Yards

**\*Items are non-sanctioned and not offered at the State Finals\***

**\*\*Events with additional fees\*\* Must be paid directly to the facilities.**

- Please refer to the Schedule of Events for dates, times, and event locations.

- Age of younger partner will determine age group.

- Partners must be registered at the time of registration. No partners will be assigned at events.

# SilverArts Events

Saturday, May 2, 2020 (entries due by March 21, 2020)

Please mark an X beside the appropriate event category

Only ONE entry is allowed in each sub-category. Grouped sets (Visual & Heritage categories) may have **NO MORE THAN** three items in that set.



## Visual Arts (Category)



**Sub-category**

**Title (required)**

- |  |       |
|--|-------|
| <input type="checkbox"/> Acrylics                      | _____ |
| <input type="checkbox"/> Drawing                       | _____ |
| <input type="checkbox"/> Mixed Media                   | _____ |
| <input type="checkbox"/> Oil                           | _____ |
| <input type="checkbox"/> Pastels                       | _____ |
| <input type="checkbox"/> Photography (Film or Digital) | _____ |
| <input type="checkbox"/> Sculpture                     | _____ |
| <input type="checkbox"/> Watercolor                    | _____ |



## Heritage Arts (Category)



**Sub-category**

**Title/Design/Pattern/Medium (required)**

- |  |       |
|--|-------|
| <input type="checkbox"/> Basket Weaving              | _____ |
| <input type="checkbox"/> Crocheting                  | _____ |
| <input type="checkbox"/> *China Painting             | _____ |
| <input type="checkbox"/> Jewelry                     | _____ |
| <input type="checkbox"/> Knitting                    | _____ |
| <input type="checkbox"/> Needlework                  | _____ |
| <input type="checkbox"/> Pottery                     | _____ |
| <input type="checkbox"/> Quilting (hand stitched)    | _____ |
| <input type="checkbox"/> Quilting (machine stitched) | _____ |
| <input type="checkbox"/> *Rugs (Hooked)              | _____ |
| <input type="checkbox"/> Stained Glass               | _____ |
| <input type="checkbox"/> *Tatting & Needle Lace      | _____ |
| <input type="checkbox"/> Tole Painting               | _____ |
| <input type="checkbox"/> Weaving                     | _____ |
| <input type="checkbox"/> Woodcarving                 | _____ |
| <input type="checkbox"/> Woodworking                 | _____ |



## Literary Arts (Category)



**Sub-category**

**Title (required) (attach original with this form)**

- |  |       |
|--|-------|
| <input type="checkbox"/> Essays (8 pgs. max)           | _____ |
| <input type="checkbox"/> Poems (40 lines max)          | _____ |
| <input type="checkbox"/> Short Stories (8 pgs. max)    | _____ |
| <input type="checkbox"/> Life Experiences (8 pgs. max) | _____ |



## Performing Arts (Category)



**Sub-category**

**Title/# in Group/ Group Leader and Phone #**

- |                                       |       |
|---------------------------------------|-------|
| <input type="checkbox"/> Dance        | _____ |
| <input type="checkbox"/> Vocal        | _____ |
| <input type="checkbox"/> Instrumental | _____ |
| <input type="checkbox"/> Comedy/Drama | _____ |
| <input type="checkbox"/> Line Dancing | _____ |

**All persons entering SilverArts must be at least 50 years of age and registered as an Onslow County Senior Games participant. Instructors and/or group members under age 50 will not be permitted to perform on stage with the group at the local or state Senior Games. (\*) Indicates the event is not a state or national games event.**

# Onslow County Senior Games Liability Waiver

In consideration of being allowed to participate in any way in the 2020 Onslow County Senior Games Athletic/Sports/SilverArts program, and related events and activities, I the undersigned participant agree to:

- Indemnify, save and hold harmless, Onslow County Senior Games or any of their agents or representatives for my health, safety, or any injury resulting from my participation in the games.
- Have prepared myself for the events which I have entered by practicing prior to the Senior Games. To the best of my knowledge, I have no physical restrictions which would prohibit my participation in the games. Onslow County Senior Games has my permission to have a physician attend to me if it is deemed necessary during my participation.
- Agree to release and hold harmless Onslow County Senior Games from any damage to/loss of my art entry. I certify that the art piece(s) I enter are my own work, were created after having reached the age of 50 and within the last two years, and are not manufactured in any sense of the word.
- I grant Onslow County Senior Games the free and unrestricted right to use my name and picture in any broadcast, telecast or other written or photographic account of Onslow County Senior Games without compensation.

***“ I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I am qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form must be received in the NC Senior Games office in Raleigh, NC by 11:59 p.m. on August 1, 2020. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.”***

\_\_\_\_\_  
**Participant Signature**

\_\_\_\_\_  
**Date**

***A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.***

## Participant Medical Information

*The staff and volunteers of Onslow County Senior Games are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regards to preparation for, and competition in, the Senior Games or any similar activity. Please inform Onslow County Senior Games at the time of any change(s) in your medication or health status.*

**If none of the following applies to you, write “none” in each space.**

**1. List any specific medical conditions or health concerns:**

\_\_\_\_\_  
\_\_\_\_\_.

**2. List any medications you are currently taking:**

\_\_\_\_\_  
\_\_\_\_\_.

**3. List any medications to which you are allergic and/or any other allergies:**

\_\_\_\_\_  
\_\_\_\_\_.

**Emergency Contact (must list at least one person)**

_____ <b>Name</b>	_____ <b>Relationship</b>	(____)_____ <b>Phone Number</b>
_____ <b>Name</b>	_____ <b>Relationship</b>	(____)_____ <b>Phone Number</b>



"A celebration of the creative expression of seniors in North Carolina", has been included as a major component of the traditional athletic competition of North Carolina Senior Games. SilverArts encourages the continuing effort of older adults to create, explore, and display the Visual, Heritage, Literary, and Performing Arts and to increase public awareness of their talents and activities.

**SilverArts unites the athlete and the artist in a program that recognizes the similarities of both endeavors: discipline, dedication, and pride in one's accomplishments.**

At present, SilverArts recognizes four broad categories, each with several sub-categories. First and second place winners in the Literary subcategory will be eligible for the NC Senior Games Finals. First, second and third place winners in the Visual and Heritage sub-categories will be eligible for the NC Senior Games Finals. North Carolina Senior Games Finals awards, first, second and third place in each sub-category of these arts.

One overall winner in the Performing Arts category will also be eligible for the North Carolina Senior Games Finals and be able to compete for first, second and third place awards. **Onslow County Senior Games awards first, second, and third place in all the sub-categories.**



## **SILVERARTS GENERAL INFORMATION**

### **LITERARY ENTRIES MUST BE MAILED WITH THE ENTRY FORM.**

- Artists may not enter a piece of art work if the art piece, performance or literary art work has previously been entered in State Finals.
- Registration deadline for SilverArts is the same as for all other components of the Onslow County Senior Games.
- Artists may enter a maximum of one item in each sub-category, for example: an artist may enter in each sub-category for Heritage Arts.
- "Grouped sets" in Visual and Heritage Arts may have no more than 3 members. An example of a "grouped set" would be China Painting: plate, cup & saucer OR Jewelry: necklace & earrings.

**The Onslow County Senior Games and the North Carolina Senior Games State Finals have the right to refuse or remove any or all entries that are deemed inappropriate.**

## Guidelines

All persons entering SilverArts must be 50 years of age or better by December 31, 2020, and registered as an Onslow County Senior Games participant.

- Entries must be original works of the artist; must be a work created after the artist is age 50 or better and have been completed within two years of the Onslow County Senior Games registration deadline.
- **Complete SilverArts information is available at [www.ncseniorgames.org](http://www.ncseniorgames.org)**

### Visual Arts

- All art work, except sculptures, must be clearly framed and wired (no serrated hooks or strings), ready to be hung. **Art work, except sculptures, not properly framed & wired will not be displayed.**
- Art work, except sculptures, can be no larger than 36" x 42", including matting and frame. Sculptures can be no heavier than 15 pounds, and must be able to be displayed in a 3' x 3' area.
- Master studies are accepted.
- The art piece must be an original work, not print, and the artist's name and title of entry must appear on or be attached to the entry for identification.

# Onslow County Senior Games Schedule of Events

Date	Event	Location	Address
Saturday, March 28, 2020	<b>Opening Ceremonies</b> 9:00 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Cornhole-Ages 60-69</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Horseshoes-Ages 60-69</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>100 meter dash</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>50 meter dash</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Croquet</b> 11:00 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Football Throw</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Silver Striders Fun Walk</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Softball Throw</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Standing Long Jump</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Basketball Shooting</b> 9:30 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Cornhole-Ages 50-59, 70 +</b> 11:00 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Saturday, March 28, 2020	<b>Horseshoes-Ages 50-59, 70 +</b> 11:00 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Wednesday, April 1, 2020	<b>Bowling-Singles</b> 12:00 PM	Bowlarena	433 Western Blvd., Jacksonville
Thursday, April 2, 2020	<b>Shuffleboard-Ages 60 +</b> 10:00 AM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Thursday, April 2, 2020	<b>Shuffleboard-Ages 50-59</b> 6:00 PM	Onslow Pines Park	1244 Onslow Pines Rd., Jacksonville
Friday, April 3, 2020	<b>Mini Golf</b> 10:00 AM	Swingin' Things	133 Batting Cage Trail, Jacksonville
Saturday, April 4, 2020	<b>5K Road Race</b> 8:00 AM	Riverwalk Park	421 Court St., Jacksonville
Monday, April 6, 2020	<b>Tennis-Singles/Men &amp; Women</b> 5:00 PM	Kerr Street Park	36 Kerr Street, Jacksonville
Tuesday, April 7, 2020	<b>Pickleball- Ages 60+</b> 9:00 AM	Jacksonville Commons	100 Recreation Lane, Jacksonville
Monday, April 13, 2020	<b>Tennis-Doubles/Men &amp; Women</b> 5:00 PM	Kerr Street Park	36 Kerr Street, Jacksonville
Tuesday, April 14, 2020	<b>Billiards</b> 2:00 pm	Onslow County Senior Center	4024 Richlands Hwy, Jacksonville
Wednesday, April 15, 2020	<b>Bowling -Doubles</b> 12:00 PM	Bowlarena	433 Western Blvd., Jacksonville
Thursday, April 16, 2020	<b>Golf</b> 9:30 AM	Bear Trail Country Club	237 SW Plantation Dr., Maple Hill
Friday, April 17, 2020	<b>Pickleball - Ages 50-59</b> 5:00 PM	Courts Plus	104 North Marine Blvd., Jacksonville
Monday, April 20, 2020	<b>Swimming Events</b> 12:00 PM	Courts Plus	104 North Marine Blvd., Jacksonville
Monday, April 20, 2020	<b>Racquetball</b> 2:30 PM	Courts Plus	104 North Marine Blvd., Jacksonville
Tuesday, April 21, 2020	<b>Cycling-1 Mile, 5K, 10K</b> 9:00 AM	Carteret County Speedway	501 Whitehouse Fork Rd., Swansboro
Tuesday, April 21, 2020	<b>Table Tennis</b> 10:00 AM	Jacksonville Commons	100 Recreation Lane, Jacksonville
Monday, April 27, 2020	<b>Tennis-Mixed Doubles</b> 5:00 PM	Kerr Street Park	36 Kerr Street, Jacksonville
Wednesday, April 29, 2020	<b>Bowling -Mixed Doubles</b> 12:00 PM	Bowlarena	433 Western Blvd, Jacksonville
Saturday, May 2, 2020	<b>Senior Games Banquet featuring Silverarts Showcase</b> 4:00 PM	Onslow County Senior Center	4024 Richlands Hwy, Jacksonville

# Onslow County Senior Games Special Events

## Opening Ceremonies Saturday, March 28, 2020 at 9:00 a.m. Onslow Pines Park

Celebrate the opening of the Onslow County Senior Games  
with family and friends, and watch the games!

## Onslow County Senior Games Banquet Featuring the SilverArts Showcase Saturday, May 2, 2020 at 4:00 p.m. Onslow County Senior Services

Come and see the talents of our area Silver Artists on display  
Categories include Performing Arts, Visual Arts, Literary Arts & Heritage Arts

All entry forms and items are due by 5:00 pm March 21, 2020  
For more information call Shelly Ashley, 910-455-2747

All participants are invited to dinner and entertainment  
Participant and guest tickets are \$5 per person

Tickets can be purchased on the entry form or at Onslow County Parks and Recreation, Onslow  
County Senior Services, Jacksonville Recreation and Parks, or Swansboro Parks and Recreation

## 2020 State Finals

Raleigh/Cary North Carolina

You can find more information at [ww.ncseniorgames.org](http://ww.ncseniorgames.org) or call 910-851-5456

## Special Thanks

