



# Sign up for

# HEALTHY

# HELPING



Are you currently receiving Food and Nutrition Services in Onslow County?



Has your life been affected by COVID-19 in some way?

If you answered "yes" to these questions, you may be eligible for Healthy Helping, a 90-day program where you can receive \$40 per month to purchase fresh fruits and vegetables at Food Lion stores.



Call 910-219-4966 to get started!