



## Baseball, Softball, T-ball Game/ Practice Plan

### Practice equipment used:

- Balls, Cleats, Bat Bags, Water Bottles, Towels, Batting Gloves, Bats, T-ball Tee's, and Face Mask

### Not allowed at practice:

- Handshakes, huddles, sharing of any personal equipment, No sunflower seeds.
- Players sharing personal equipment, such as Gloves, water bottles, or mask.
- There is no player to player contact allowed.
- Coaches are not permitted to touch the players before, during or after practices.
- Coaches must remain 6 feet away from other coaches and players.
- Participants and Family members not feeling well. Must not remain home.
- **75 or more people at a field. This number does include players and coaches.**

### Permitted at practice:

- Player are permitted to practice drills with teammates.
- Players will receive passes from other players and or their coach.
- All shared equipment will be sanitized before and after practice.
- Players must always remain 6 feet apart.
- **25 players per team. Does include coaches.**
- **50 spectators**
- **75 people or less at a field.**

### Start of Each Practice:

- On arrival coaches will sanitize their hands and equipment that they are transporting with them.
- Coaches will wear a mask. Gloves when handling equipment
- On arrival players will sanitize their gloves and hands.
- All equipment will be sanitized before and after use.
- Times for practices will have to be rotated for all teams and fields.

### Coaches/ Volunteers:

- All coaches must wear masks to talk with parents and Children.
- Parents Concession stand staff should all wear masks and gloves when handling food and maintain an extremely clean environment.
- Coaches are required to wear their issues Coaches/

**Parents/ Spectators:**

- Parents are strongly encouraged bring their own lawn chairs.
- To keep all participants and their families safe, we are requiring that all spectators wear a mask or remain in their vehicles during practice.
- Please bring a lawn chair and remain 6 feet from anyone that isn't on your household.
- After practice please go directly to your vehicle.
- If you arrive early, please remain in your vehicle until the team before you has vacated the area and made it inside their vehicle.

**Bathrooms:**

- There will only be 4 people permitted in the restroom at one time.
- No one is permitted in the restroom when staff is cleaning and disinfecting them.
- Anyone that enters the restroom should wear a mask and gloves (if they have gloves).

**Sanitized Stations:**

- There will be hand sanitizer and disinfectant spray at all practice locations.
- The sanitized stations are only for the players and coaches.
- This area is for players and coaches to sanitize themselves and their equipment before and after practice.

**Equipment:**

- All youth will be asked to bring the minimum amount of equipment with them.
- Youth will be asked to leave their bags with their parents or in the dugouts.
- Players bags will be split between the home and away dugouts.
- Players will enter and exit the dugout one at a time and wear a mask.
- During batting practice, players are permitted to use the same bat.
- The bat must be sanitized in-between players use.
- No two players can touch a bat without it being disinfected.

**Staff:**

- Staff will be on site to enforce all covid-19 safeguards.
- Staff will be wearing a county id badge during practices.

**Concession Stands:**

- All concession stands must be inspected by the health department.
- The health department will give each site a set of guidelines to follow for re-opening post covid-19.
- The parks and recreation department will impose the following guidelines. If the health department's guidelines are more stringent then the leagues must follow those guidelines.
- No more than 8 volunteers inside the concession stand at one time.

- All volunteers must wear mask and gloves when inside the concession stand.

**Youth/ Players:**

- Each dugout should have a bottle of hand sanitizer.
- At the end of the games, there will be waves and no handshakes.
- Provide seating plan/layout.
- Add time between games to avoid as much overlap as possible.

**End of each Practice/ Games:**

- Players will enter the Dugouts one at a time.
- Youth will gather their gear.
- Players will put their mask on and go directly to their parent's vehicle.
- Parents and players will leave as soon as practice is over.
- No grouping together after practice.

**If someone is Sick:**

**If it's found that a participant is sick, the rest of the team will be notified immediately.**

**Sick individuals should follow the CDC's guidelines to the letter.**

**These guidelines can be found on the CDC's website.**

**<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>**

## **Scrimmaging/ Game Guidelines for Baseball, Softball, T-ball:**

**All scrimmages/ Games must be approved by the Parks and Recreation Department before they can be scheduled**

### **Dugouts:**

- No more than 6 players in a dugout at one time.
- Players are not to sit within 6 feet of each other.
- Coaches are not permitted in the dugouts with the kids.
- Coaches must remain outside of the dugouts during games play.
- There must be a designated area for all subs and players that are in the lineup (Outside the dugout).

### **Parents/ Spectators:**

- Only 50 spectators are allowed at the field at one time.
- Spectators must practice good social distancing when attending games.
- Spectators must wear a mask if they can't remain six feet from other spectators.
- Youth attending scrimmage/ Games must stay with their parents and not be unattended or playing with other spectator's children.

### **Permitted at Games:**

- Players will receive passes from other players and or their coach.
- All shared equipment will be sanitized before and after Games.
- Players must always remain 6 feet apart.
- **25 players per team. Does include coaches.**
- **25 spectators per team. For a total of 50 spectators. This number can't exceed 50.**
- **100 people or less at a field. This number does include players and coaches.**

### **Sanitized Stations:**

- There will be hand sanitizer and disinfectant spray at all scrimmage locations.
- The sanitized stations are only for the players and coaches.
- This area is for players and coaches to sanitize themselves and their equipment before and after games.

### **Equipment:**

- All equipment is to be sanitized before the games, in between innings and at the end of the game.
- Players are not to share any personal items, (water bottles, bats, gloves, hats, glasses, helmets).
- Players are only permitted to share league issued gear (Only after it's been sanitized).

### **Coaches/ Volunteers:**

- All coaches must complete a Health Screening Questionnaire before games.
- All volunteers must always wear their county issued badge.

**Staff:**

- County employees will be checking badges before games start.
- Employee can stop game if rules are not being followed.

**All other guidelines are in the document below:**

- [Interim Guidance for Administrators and Participants of Youth and Amateur Sports Programs](#)

<https://files.nc.gov/covid/documents/guidance/NCDHHS-Interim-Guidance-for-Youth-Amateur-Sports.pdf>