

What Do I Take to a Shelter?



- Clothing for 3-7 days



- Pillows



- Blankets or sleeping bags



- Food and medication for service animal



- Daily toiletries (toothbrush, toothpaste, comb, soap, washcloth, feminine hygiene products)



- Special dietary foods, infant formula



- Identification for each family member



- 7-day supply of medicine in the original bottles if possible



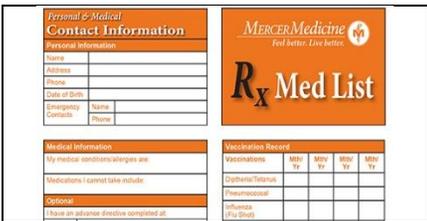
Cell phone with charger



Books, games and cards



Family/friend/caretaker's emergency contact information



Written list of all medications with doctors' names and phone numbers



Glasses, dentures, hearing aids



Medical equipment used on a daily basis (wheelchair, walker, cane, oxygen, catheters, etc)



Extra batteries needed for any medical equipment



Adult diapers or children's diapers and wipes