

2016

# Onslow County Resource Guide



Onslow County Health Department  
North Carolina  
7/13/2016

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## ADULT SERVICES

### Clothing Resources/Thrift Stores

Agency Name	Description	Address	Contact	Other Important Information
Carolina Cash Exchange	Thrift Store Hours: 7 Days 9a-7p	2434A Onslow Dr. Jacksonville NC 28540	(910) 455-5776	
Mama J's Helping Hand	Clothing, food, community resources: M,T,Th 10-4p; Sat 10-1	2205 Highway 172, Sneads Ferry, NC 28460	(910) 327-1302	<a href="http://www.mamajshelpinghand.com">www.mamajshelpinghand.com</a>
Finders Keepers Thrift Store	Clothing, Thrift Store Sponsored by the Onslow Women's Center Hours: M-F 10a-530p	1205 Hargett St. Jacksonville, NC 28540	(910) 346-1611	<a href="http://www.onslowwc.org">www.onslowwc.org</a>
Foster Care Association of Onslow County	Clothing, School Supplies, Toy Donations	2303A Norwood Ave. Goldsboro, NC 27534	(910) 590-2474	
Goodwill Stores	Thrift Store Hours: M-F 9a-830p; S 9a-6p; S 12p-6p	1113 Western Blvd Jacksonville, NC 28546	(910) 455-2025	<a href="http://www.gcfglobal.org">www.gcfglobal.org</a>
Hem of His Garment	Thrift Store, T-F 9a-3:45p	724 Corbett Ave. Swansboro, NC 28584	(910) 326-1811	Need proof of local residency and ID; call (910) 326-1855 for apt
Infant of Prague	Thrift Store Hours: M-F 10a-5p; S 10a-3p	119 Wilmington Hwy Jacksonville, NC 28540	(910) 937-1543	<a href="http://www.iopnc.org">www.iopnc.org</a>
Richlands Community Outreach	Food Pantry, Thrift Store, Outreach, Financial Assistance	8701 Richlands Hwy Richlands, NC 28574	(910) 324-6586	Food Pantry: M, T, Th, F 10a-1p Thrift Store: M, T, Th, F 10a-2p; S 9a-3p For Richland school district only.
Salvation Army	Clothing, Thrift Store Hours: M-S 9a-430p	461 Center St. Jacksonville, NC 28540	(910) 346-0937	<a href="http://www.salvationarmycarolinas.org">www.salvationarmycarolinas.org</a>
Salvation Army	Clothing, Thrift Store Hours: M-S 9a-6p	204 Wilmington Hwy. Jacksonville, 28546	(910) 378-7188	<a href="http://www.salvationarmycarolinas.org">www.salvationarmycarolinas.org</a>

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Salvation Army	Clothing, Thrift Store Hours: M-S 9a-4:30p	1950 Hwy. 172 Treasure Plaze, Suite P Sneads Ferry, 28460	(910) 327-2043	<a href="http://www.salvationarmycarolinas.org">www.salvationarmycarolinas.org</a>
Second Chance Mission of Hope	Clothing,	309 Court St. Jacksonville, NC 28541	(910) 455-7111	
SNCO Wives Thrift Shop	Thrift Store: M 9a-1p & 5p-8p; W 4p-9p; F 9a-1p	1200 Birch St. Camp Lejeune	(910) 451-5591	Need Base access, but no Mil ID required
Yesterday's Thrift Store	Thrift Store M-S 10a-6p & S 12p-5p	340 Henderson Dr. Jacksonville NC 28546	(910) 219-0888	
Yesterday's Thrift Store	Thrift Store M-S 10a-6p & S 11a-5p	2417 Lejeune Blvd Jacksonville, NC 28546	(910) 353-5892	

<b>Disability Services</b>				
<b>Agency Name</b>	<b>Description</b>	<b>Address</b>	<b>Contact</b>	<b>Other Important Information</b>
Adult and Family Services Unit, Department of Social Services	Services include: Adult protective services, at risk case management (housing, food, health services), adult care home monitoring, guardianship, adult care home placement	1245 Hargett Street Jacksonville, NC 28546	(910) 989-0230	Provides a portal of entry for individuals seeking services who are 18 years of age and older, are disabled and who may or may not be receiving income(i.e. SSI, SSA, or veterans benefits)
Adult Protective Services/ Adult and Family Services Unit	Receives and Evaluates reports of abuse, neglect and exploitation of incapacitated adults	1915 Onslow Drive Jacksonville, NC 28540	(910) 989-0230	Serves disabled adults aged 18 and older.
Carobell	Special Needs, Continuing Education, Summer Camp, Residential Services, Adult Day Vocational Program	198 Cinnamon Drive Hubert, NC 28539	(910) 326-7600 Toll Free 888-546-7660 Fax: (910) 590-1581	<a href="http://www.carobell.org">www.carobell.org</a>

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Coastal Enterprises of Jacksonville, Inc.	Rehabilitation and job training for individuals with disabilities	224 White St. Jacksonville, NC 28546	(910) 455-2131	<a href="http://www.coastalenterprisesinc.org">www.coastalenterprisesinc.org</a> Hours: M-F 8a-3:30p
DSS	Social worker for the Blind	1915 Onslow Drive Extension Jacksonville, NC 28541	(910) 455-4145	
MSAA Jacksonville Apartments	Special Needs, Housing	1711 Hargett St. Jacksonville, NC 28540	(910) 938-3632	
Onslow Commission for Persons with Disabilities	Mission is to serve citizens with disabilities and educate the public.	PO Box 244 Jacksonville, NC 28541	Lorna Aschbrenner (910) 330-6736	<a href="http://www.onslowcommission.org">www.onslowcommission.org</a> Meets 1st Wed of month at Jacksonville City Hall; Meeting Room A&B, 12p; Bring a bagged lunch.
Trillium	MCO that oversees mental health, intellectual/developmentally disabled, and substance abuse services. Does not directly provide care, but ensures the resources avail are quality referrals.	1708 E Arlington blvd Greenville, NC 27858	Main Admin Line 1-866-998-2597 24hr Crisis Line 1-877-685-2415 Email: info@TrilliumNC.org	<a href="http://www.trilliumhealthresources.org">www.trilliumhealthresources.org</a> Business hours: M-F 8:30a-5p
Visually Impaired Social Support Group	Visually Impaired Support group	Senior center @ Jacksonville Commons 100 Recreation Loop, Jacksonville, NC 28546	(910) 938-5312	Support group meets the second Tuesday of every month 10:30a-12:30p

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Vocational Rehab	Provides employment, independent living, assistive technology, consumer rights, and disability determination services for those with physical, psychiatric, or intellectual disabilities; and those who are deaf or hard of hearing, or other communicative disorder.	39B Office Park Jacksonville, NC 28546	(910) 455-1445	<a href="http://www.ncdhhs.gov/dvrs">www.ncdhhs.gov/dvrs</a>  <i>Bilingual</i>
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<b>Domestics Violence</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
DSS	Domestic Violence Assistance	1915 Onslow Drive Extension Jacksonville, NC 28546	(910) 455-4145	
Onslow Women's Center	Domestic Violence Assistance	226 New Bridge Street Jacksonville, NC 28540	Office/Admin (910) 238-2941  Crisis Line: (910) 347-4000	<a href="http://www.onslowwc.org/loveshouldnthurt-0">www.onslowwc.org/loveshouldnthurt-0</a>  <i>Bilingual</i>
PEERS	Domestic Violence Assistance	151 Chaney Avenue Jacksonville, NC 28540	(910) 333-9725	<a href="http://www.peersfamily.webs.com">www.peersfamily.webs.com</a>  <i>Not Bilingual</i>

<b>Educational Resources</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Coastal Carolina Community College	ESL Class, Adult Basic Education Class, Adult Secondary Education Class, College, Continuing Education	444 Western Boulevard Jacksonville, NC 28546	Office: (910) 455-1221 Continuing Ed classes: (910) 938-6259	www.coastalcaroline.edu ESL, Adult Basic Education, and Adult Secondary Education classes and labs are free on and off campus; located in Academic Studies Center in CE Bldg.; Must register M-W 7a-7p, take skill assessment, and attend orientation; ID required.
PEERS	New Parent Support Classes, Childcare	151 Chaney Avenue Jacksonville, NC 28540	(910) 333-9725	<i>Not Bilingual</i>

<b>Employment</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
NC Works Career Center	Employment Assistance	461 Western Blvd #106 Jacksonville NC 28546	(910) 347-2122 (910) 345-2121	<a href="http://www.ncworks.gov">www.ncworks.gov</a> Must possess valid id or driver's license and authorization to work in U.S. or document stating authorization.  <i>Bilingual (Jerry Cruz)</i>
Work First (WFFA)	Employment Assistance, Referral	1915 Onslow Drive Extension Jacksonville, NC 28546	(910) 219-4825	



<b>Housing</b>				
<b>Agency Name</b>	<b>Description</b>	<b>Address</b>	<b>Contact</b>	<b>Other Important Information</b>
City of Jacksonville Community Development	Homebuyer's Education Course; Home ownership assistance; Housing rehab; New Homes Project	Post office Jacksonville, NC 28540	(910) 938-5286	<a href="https://jacksonvillenc.gov/index.aspx?nid=139">https://jacksonvillenc.gov/index.aspx?nid=139</a> Please call number for eligibility or come in
Eastern Carolina Human Services Agency, Inc.	New Parent Support, Section 8 Housing Assistance	Post office drawer 796 Jacksonville, NC 28541-0796 (soon to change)	(910) 347-2151	<a href="http://www.echsainc.com">www.echsainc.com</a> Provides Housing to families that are living at or below poverty level in Onslow County (Section 8 Housing)
Swansboro Hill Apartments	Low-Income Apartments; subsidized government low income rates.	400 Glancy St. Swansboro, NC 28584	(910) 326-4959	<a href="http://www.lowincomehousing.us/NC/swansboro.html">www.lowincomehousing.us/NC/swansboro.html</a>
Arc/hds Onslow County group Home #2	Low Income/Disabled Apartments; subsidized government low income rates.	343 E Six Forks rd. Raleigh, NC 27609	(919) 782-4632	<a href="http://www.arcnc.org">www.arcnc.org</a>
Sandy Run Apartments I and II	Low Income Apartments; subsidized government low income rates.	200 Coleman Drive Jacksonville, NC 28546	(910) 455-0548	<a href="http://www.communityservices.com/">http://www.communityservices.com/</a>
Brandy-wood Acres	Low Income Apartments; subsidized government low income rates.	281 Liberty Dr Jacksonville, NC 28546	(910) 353-1850	<a href="http://www.westministercompany.com">www.westministercompany.com</a>
Meadow Oaks Apartments	Low Income Apartments; subsidized government low income rates.	138 Meadow Oaks Ct Jacksonville, NC 28546	(910) 353-1124	
MCAA Jacksonville Apartments	Low Income Apartments for people with Disabilities; subsidized government low income rates.	1711 Hargett St Jacksonville, NC 28546	(910) 938-3632	

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Arc/hds Onslow County Group Home #1	Low Income/Disabled Apartments; subsidized government low income rates.	343 E Six Forks rd. Raleigh, NC 27609	(919) 782-4632	<a href="http://www.arcnc.org">www.arcnc.org</a>
Holly Plaza Apartments	Low Income Apartments; subsidized government low income rates.	H-1 circle Dr. Holly Ridge, NC 28445	(910) 329-6241	

Senior Programs				
Agency Name	Description	Address	Contact	Other Important Information
Onslow County Senior Services	Provides senior services	4024 Richlands Hwy Jacksonville, NC 28540	(910) 455-2747	<a href="http://onslowcountync.gov/Seniors/">http://onslowcountync.gov/Seniors/</a>
Lions Club of New River	Free Vision screenings for ages 60 and up during annual health screening events with a mobile health screenings van. Check the Jacksonville Daily News for event announcement	Multiple counties throughout North Carolina 1110 Westmoreland Dr Jacksonville, NC 28546	(910) 455-5426	2016 Screening  Date: September 3 Time: 9a-3p Location: Walmart 561 Yopp Rd, Jacksonville, NC 28540

Transportation				
Agency Name	Description	Address	Contact	Other Important Information
Onslow United Transit System (OUTS)	Serves Onslow County. Has handicap equipped vehicles. TTD call lines for hearing impaired. For non-emergent Dial-A-Ride.	605 New Bridge St. Jacksonville, NC 28540	(910) 346-2998 TTD: 1-800-735-2962 or 1-800-735-8262	<a href="http://www.onslowunitedtransit.org/welcome.html">www.onslowunitedtransit.org/welcome.html</a> Please call between 8a-5p for eligibility requirements. Appointments must be made for ride. <i>, but has an assisting tablet translator</i>

Jacksonville Transit	Purple and Green Lines serve Jacksonville, NC Assists in curb-to-curb ADA accessible transportation serves for passengers with disabilities who are unable to ride on daily routes.		(910) 938-7433	<a href="http://www.jacksonvillenc.gov/index.aspx?nid=224">www.jacksonvillenc.gov/index.aspx?nid=224</a> Prices range from FREE to \$3 Hours: M-F 6a-7:55p; Sat-Sun & Holidays 10a-7:55p
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## CHILD SERVICES

### Advocacy Services

<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Child Advocacy Center	Prevents life-long problems by providing a comprehensive, culturally competent, multidisciplinary team response to allegations of child abuse in a dedicated, child-friendly setting	900 Dennis Road Jacksonville, NC 28546	Office: (910) 938-0336 Main fax: (910) 935-0068 Child Advocacy Center fax: (910) 333-0604 Admin/MAC fax: (910) 353-4976	<a href="http://www.onslowkids.org/child-advocacy-center.php">www.onslowkids.org/child-advocacy-center.php</a> Serves local children under 18 and their families; works to reduce the trauma of sexual and physical abuse and to promote healing. M,T, Th, F 8a-5p or by appointment W 1p-5p  <i>Bilingual</i>
Guardian Ad Litem	Trained adult volunteers advocating for abused and neglected children in court, and other services	220 George town rd. Suite 100 Jacksonville, NC 28540	(910) 478-3622	<a href="http://www.gal4kids.org">www.gal4kids.org</a>

<b>Behavioral Health</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Onslow County Youth Services	Develop and implement programs which will address the needs of delinquent and undisciplined youth and their families in a community-based setting, which in turn will reduce juvenile crime and make our community safer.	220 Georgetown Rd Suite 200 Jacksonville, NC 28540	(910) 455-4275	Any juvenile, age 8-17, who is experiencing or exhibiting high-risk behaviors, such as problems at school/home, anger, criminal behavior, drug/alcohol use, etc. is eligible to receive assistance. <a href="http://www.onslowcountync.gov/Youth/">http://www.onslowcountync.gov/Youth/</a>

<b>Disability Services</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Down Syndrome Network of Onslow and Carteret Counties	Connecting families and enhancing the lives of people with Down Syndrome in our community by providing emotional, educational, and social support to them and the professionals who serve them	DSNOCC, Inc. PO Box 1264 Jacksonville, NC 28541-1264	(910) 719-3321 Or (910) 375-8091	<a href="http://www.dsnocc.org/">www.dsnocc.org/</a>  monthly meetings first Saturday of each month  <i>Bilingual</i>

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Family Support Network of the Crystal Coast	Regional parent support information and resource for those with a child born prematurely, with developmental disability or loss of a child. Promotes early intervention.	FSN of Eastern North Carolina PO Box 30040 Greenville, NC 27858  Vidant Medical Center PO BOX 6028 Attn: NICU Greenville, NC 27835	Brenda Broberg (252) 917-4110 (252) 328-9332 800-376-4491	<a href="http://www.fsnncc.org">www.fsnncc.org</a> Can connect families going through similar situations to offer support.  <i>Bilingual</i>
Onslow County Partnership for Children	Offers services for parents of younger children, including training, education, toy loan library, resource and referral services	900 Dennis Road Jacksonville, NC 28546	(910) 938-0336	<a href="http://www.onslowkids.org/index">http://www.onslowkids.org/index</a> Satellite Locations: Richlands (910) 324-6590  <i>Bilingual</i>
Onslow County Schools	Information about evaluation and educational services for children with special needs (preschool and K-12)	200 Broadhurst Road Jacksonville, NC 28540	(910) 455-2211 Fax (910) 455-1965	<a href="http://www.onslowcounty.schooлинsites.com">www.onslowcounty.schooлинsites.com</a>
Special Education Alliance 4 Eastern North Carolina (SEAL4ENC)	Assist families through workshops, websites, one-on-one educational support, lending library, on site literature, telephone assistance, anti-bullying awareness and life skills support for our disabled community	PO BOX 7390 Jacksonville, NC 28540	<a href="mailto:Seal4enc@gmail.com">Seal4enc@gmail.com</a>	<a href="http://www.seal4enc.com/">http://www.seal4enc.com/</a>
Special Olympics of Onslow County	Focuses on connecting individuals with intellectual disabilities and their families to one another within a supportive, encouraging environment centered around sports	1335 Western Blvd. PMB # 19 Jacksonville, NC 28546	(910) 265-1756  Coordinator: Don McCullen	<a href="http://www.sonc.net/onslow">www.sonc.net/onslow</a>  Ages 8 through adulthood & Young Athletes program for ages 2-7  <i>Bilingual</i>

Education				
Agency Name	Description	Address	Contact	Other Important Information
Agape Leadership Development	Homeschool support group for Eastern NC, Homeschooling Resources, field trips, social events, annual testing, and graduating	A private, home-based online community	(910) 347-4890	<a href="http://www.agapeleadership.com/">http://www.agapeleadership.com/</a>  <i>Bilingual</i>
Early Headstart	Comprehensive child and family development program serving low-income families	103 North Plain Drive Jacksonville, NC 28546	(910)577-3493 Director: Erena Howell	<a href="http://www.onslowkids.org/early-head-start.php">http://www.onslowkids.org/early-head-start.php</a>  To be eligible, must meet federal poverty guidelines or child diagnosed with a disability; infants and toddlers ages birth to three years old.  <i>Bilingual</i>
Onslow County Schools	Public Schools K-12	200 Broadhurst Rd Jacksonville, NC 28540	(910) 455-2211	<a href="http://onslowcounty.schoolsites.com/">http://onslowcounty.schoolsites.com/</a>
Onslow County Partnership for Children	Advocates and provides services for the healthy development of children.	900 Dennis Rd, Jacksonville 28546	(910) 938-0336	<a href="http://www.onslowkids.org/index">http://www.onslowkids.org/index</a> Satellite Locations: Richlands (910) 324-6590 <i>Bilingual</i>
Onslow County Schools Preschool Program	Onslow County Schools Preschool Program is comprised of four program components (Title I, Exceptional Children (EC), Head Start, and NC Pre-K). The administrators and staff work together to provide equal opportunities and services to eligible children in the least restrictive environment	Hunters Creek 3450 Hunters Trail Jacksonville, NC 28546  Morton 485 Old 30 Rd. Jacksonville, NC 28546  Southwest 2601 Burgaw hwy Jacksonville, NC 28540  Summersill 250 Summersill school rd.	(910) 455-2211 <a href="mailto:contact@onslow.k12.nc.us">contact@onslow.k12.nc.us</a>  Hunters Creek: (910) 353-4433  Morton: (910) 353-0930  Southwest: (910) 347-0900 ADA: 455-2211  Sumersill: (910) 455-2672  Thompson Early Childhood Center: (910) 346-6222	Must live in the Onslow County Schools attendance area. Funding and program requirements are determined by the state and/or federal offices.  <a href="http://onslowcounty.schoolsites.com/?PN=Pages&amp;SubP=Level1Page&amp;L=2&amp;DivisionID=2539&amp;DepartmentID=8715&amp;PageID=14355&amp;ToggleSideNav=ShowAll">http://onslowcounty.schoolsites.com/?PN=Pages&amp;SubP=Level1Page&amp;L=2&amp;DivisionID=2539&amp;DepartmentID=8715&amp;PageID=14355&amp;ToggleSideNav=ShowAll</a>

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		<p>Jacksonville, NC 28540</p> <p>Thompson Early Childhood Center 440 College street Jacksonville, NC 28540</p> <p>Queens Creek 159 Queens Creek rd. Swansboro, NC 28584</p> <p>Dixon 130 Betty Dixon rd. Holly Ridge, NC 28445</p>	<p>Queens Creek: (910) 326-5115</p> <p>Dixon: (910) 327-2104</p>	
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Recreation				
Agency Name	Description	Address	Contact	Other Important Information
Onslow County Parks and Recreation	Recreation programs, district parks, beach access facilities	1244 Onslow Pines Rd Jacksonville, NC 28540	(910) 347-5332	<a href="http://www.onslowcountync.gov/Parks/">http://www.onslowcountync.gov/Parks/</a>
Jacksonville City Parks and Recreation	Parks, events, sports	100 Recreation Lane P.O. Box 128 Jacksonville, NC 28541	(910) 938-5312	<a href="https://www.jacksonvillenc.gov/index.aspx?nid=197">https://www.jacksonvillenc.gov/index.aspx?nid=197</a>
Hammocks Beach State Park	Campsites, ocean fishing and swimming, visitor's center, hiking trails.	1572 Hammocks Beach Rd, Swansboro, NC 28584	(910) 326-4881	<a href="http://www.ncparks.gov/hammocks-beach-state-park">http://www.ncparks.gov/hammocks-beach-state-park</a>  Accessible only by boat; ferry service provided.

<b>Youth Programs</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Boys and Girls Club	To enable all young people to realize their full potential as productive, caring, respectfull citizens.	1099 Gum Branch Rd Jacksonville, NC 28540	(910) 455-9003	<a href="http://www.brigadebgc.org">www.brigadebgc.org</a> Offers afterschool and summer programs
Boy Scouts of America Eastern Carolina Council	“WORD”: White Oak River District	Meeting place varies	District Exec: Terry Trogdon (910) 622-3217	<a href="http://whiteoakriverdistrict.ScoutLander.com">http://whiteoakriverdistrict.ScoutLander.com</a>
Girls Scouts, NC Coastal Pines	Mission is to "build girls of courage, confidence, and character who make the world a better place."	108 E. Lockhaven Drive Goldsboro, NC 27533  2250 Shipard Blvd, Ste3 Wilmington, NC 28403  6901 Pinecrest rd Raleigh, NC 27613  894 Elm street Suite B Fayetteville, NC 28303	(800) 284-4475  Goldsboro: (919) 432-6120  Wilmington: (910) 202-9206	<a href="http://www.nccoastalpines.org">www.nccoastalpines.org</a>
Juvenile Justice and Delinquency Prevention	Provides national leadership, coordination, and resources to prevent and respond to juvenile delinquency and victimization.	614 College St Jacksonville, NC 28540	(910) 347-2191	<a href="http://www.ojjdp.gov">www.ojjdp.gov</a>



<b>ECONOMIC DEVELOPMENT</b>				
<b>Financial Assistance</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
-	-	-	-	-
Salvation Army	Disaster, food and loan assistance. Christmas bells and toys for children, thrift shop	535 Bell Fork Rd Jacksonville, NC 28540	(910) 346-8800	<a href="http://www.salvationarmyjacksonvillenc.org">www.salvationarmyjacksonvillenc.org</a>

<b>Local Economy</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
BOLD of Jacksonville	“Bettering Our Local Downtown”	421 Court Street Jacksonville, NC 28540	(910) 937-7222	<a href="http://www.boldofjacksonville.com/">http://www.boldofjacksonville.com/</a>
Coastal Carolina Small Business Center	Seminars/workshops/counseling/resource and referral	444 Western Blvd Jacksonville, NC 28546	(910) 455-1221	<a href="http://www.coastalcarolina.edu/sbc/">http://www.coastalcarolina.edu/sbc/</a>
Keep Onslow Beautiful	Environmental awareness; volunteer opportunities	415 Meadowview rd. Jacksonville, NC 28540	(910) 989-2107	<a href="http://www.onslowcountync.gov/Landfill/">http://www.onslowcountync.gov/Landfill/</a>
Chamber of Commerce	Connecting business, military, and community	1099 Gum Branch Rd Jacksonville, NC 28540	(910) 347-3141	<a href="http://www.jacksonvilleonline.org">http://www.jacksonvilleonline.org</a>

<b>EMERGENCY SERVICES</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Carolina's Poison Control	Official state poison center; <b>FREE</b> telephone resource of poisoning information; available 24/7		24hr Hotline: (800) 222-1222	<a href="http://www.ncpoisoncenter.org">www.ncpoisoncenter.org</a>  <i>Bilingual</i>
Emergency Services	Consolidated under one department is the E-911 Communications Center, Emergency Management Office, Emergency Medical Services, and the Fire Rescue Services	1180 Commons Drive N Jacksonville, NC 28540	(910) 347-4270	The Emergency Services Department coordinates with 7 volunteer rescue squads, 20 volunteer fire departments, the Medical Reserve Corps (MRC) and provides Community Emergency Response Team (CERT) training. <b>For emergencies, call 911</b>
Jacksonville City Police Department	Law Enforcement Agency	200 Marine Blvd Jacksonville, NC 28541	(910) 455-4000	<a href="https://jacksonvillenc.gov/police">https://jacksonvillenc.gov/police</a>
Onslow County Sheriff's Department/ Detention Center	Law Enforcement Agency	717 Court St. Jacksonville, NC 28540	(910) 455-3113 Fax (910) 455-0084	

## HEALTH FACILITIES AND PROGRAMS

### Community Health Centers and Clinics

Agency Name	Description	Address	Contact	Other Important Information
Caring Community Clinic (Onslow Community Clinic)	Immediate care facility offering short term care, and a dental clinic that is open by appointment only	200 Doctors Dr Suite B Jacksonville, NC 28540	(910) 346-6149	<a href="https://www.onslowco.org/clinic">https://www.onslowco.org/clinic</a> Must be uninsured, have income at or below 200% of the poverty level, and must live in the same county as the clinic
Goshen Medical	Family practice clinic for those between the ages of 2-99 years old. Scheduling is 7 days out but tries to accommodate the very sick. No immunizations offered at the center.	1200 Hargett St. Jacksonville, NC 28540	(910) 219-1082	<a href="http://www.goshenmedical.org/jacksonville">http://www.goshenmedical.org/jacksonville</a>  Accept the uninsured on a sliding fee scale, but they do not slide to \$0 (minimum \$25.00)

### Dental Services

Agency Name	Description	Address	Contact	Other Important Information
NC Oral Health Section	Public Health Dental Hygienist serving Onslow County and Onslow County Schools	C/O Park wood Elementary 2900 Northwood's Drive Jacksonville, NC 28540	(910) 330-6363 lindaswats@d hhs.nc.gov	<a href="http://www.communityhealth.dhhs.state.nc.us/dental/">http://www.communityhealth.dhhs.state.nc.us/dental/</a>  Students of Onslow County Schools
Caring Community Clinic	Dental clinic open by appt only	To be determined	(910) 346-6149	<a href="https://www.onslowco.org/clinic">https://www.onslowco.org/clinic</a> Must be uninsured, have income at or below 200% of the poverty level, and must live in the same county as the clinic  Sat, July 1 <sup>st</sup> walk-in urgent care  <i>Bilingual Spanish/Russian</i>

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Pender County Health Department	Provides preventative and restorative dental care to low-income children and adults at the Pender County Health Department.	803 S. Walker St. Burgaw, NC 28425	(910) 259-1503	
Kinston Community Health Center	Dental services	324 Queens St. Kinston, NC 28501	(252) 522-9800	<a href="http://www.kinstonhealth.org/dental.html">http://www.kinstonhealth.org/dental.html</a>
St. Mary Health Center	Extractions only	412 Ann St. Wilmington, NC 28401	(910) 763-8163	<a href="http://stmaryhealthcenter.org">http://stmaryhealthcenter.org</a> Eligibility includes: NC state ID, no medical or dental insurance, income below 200% or Federal Poverty Level, proof of income.

<b>Food and Nutrition</b>				
<b>Agency Name</b>	<b>Description</b>	<b>Address</b>	<b>Contact</b>	<b>Other Important Information</b>
Department of Social Services (DSS)	Food stamps, SNAP	1915 Onslow Drive Extension Jacksonville, NC 28541	(910)-455-4145 <a href="http://www.onslowcountync.gov/departmentnospb7030.aspx?id=20939">http://www.onslowcountync.gov/departmentnospb7030.aspx?id=20939</a>	Must: live in NC; apply in county of residence; be a US citizen or meet immigrant requirements; meet specific program requirements
Enon Chapel Midway Park	Food Pantry: T-Thu 9a-4p	101 Barbara Avenue Midway Park, NC 28544	(910) 353-5403	<a href="http://www.enonchapel.com/templates/System/details.asp?id=26344&amp;PG=contact&amp;RecordType=&amp;pkg=">http://www.enonchapel.com/templates/System/details.asp?id=26344&amp;PG=contact&amp;RecordType=&amp;pkg=</a> Residents must live within a 5 mile radius, bring picture ID and copy of utility bill with current address

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First United Methodist Church Food Bank	Food Pantry: Third Monday of each month 9a-10:30a must show up at 9 to register	@ Sneads Ferry Community Center 126 Park Lane Sneads Ferry 28460	First United Methodist church: (910) 327-4011 Sneads Ferry Community Center: (910) 327-3335	Please call about registering. Must be a resident of Onslow County
Folkston Original Freewill Baptist	Food bank: MWF 10am-11am	133 Old Folkston Rd. Holly Ridge 28445	(910) 803-0280 Yvonne Saunders 910-358-7510	<a href="http://folkstonechurch.com/">http://folkstonechurch.com/</a> Food Lion donates, order from New Bern warehouse and Greensboro; fresh vegetables for the holidays
Food and Nutrition Services, EBT	In North Carolina monthly allotments of FNS benefits are issued via Electronic Benefit Transfer cards (EBT cards)	1915 Onslow Dr. Jacksonville, NC 28540	(910) 455-4145	<a href="http://onslowcountync.gov/departmentnopb7030.aspx?id=20974">http://onslowcountync.gov/departmentnopb7030.aspx?id=20974</a>  Applicants must meet the following criteria: Income, Household composition, Citizenship/ Immigration status, and Resources
Share the Table	Founded by Faith Harbor United Methodist Church. Serves to support the physical and emotional needs of those without food in Onslow (and Pender) County. Provides a weekly community meal so as not to single out the needy; as well as other resources.	12395 NC Hwy 50 Surf City, NC 28443	(910) 616-8897	<a href="http://www.sharethetablenc.com">www.sharethetablenc.com</a>  Community Meal: Sun 5:30p-6:30p  Food Pantry: T,W 10a-11:30a, 1p-2:30p Thu 10a-11:30a, 2p-3:30p Sun 6p-7p (after community meal)
Mama J's Helping Hand	Food Pantry, Soup Kitchen, Summer Meals for Kids and Teens free breakfast & lunch, Emergency/ Disaster Relief Program, Household Rebuilding, and Fighting Childhood Obesity	2205 Highway 172, Sneads Ferry, NC 28460	(910) 327-1302	<a href="http://www.mamajshelpinghand.com/">http://www.mamajshelpinghand.com/</a>  Soup Kitchen hours:  M, T, Th 10a-2p Sat 10a-1p

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Iglesia de Dios Pentecostal	Every other Thursday free food distribution 1p	1042 Country Club Rd Jacksonville, NC 28540	(910) 526-1202	<i>Bilingual</i>
Onslow Community Outreach –food pantry	Mobile Food Pantry second Monday each month 1pm- until gone	Onslow County Fairgrounds  146 Broadhurst rd. Jacksonville, NC 28540	(910) 455-5733	<a href="http://www.onslowco.org">www.onslowco.org</a>
Onslow Community Outreach –Soup Kitchen	Soup Kitchen open for lunch 5 days a week 10:45a -12p	600 Court St Jacksonville, NC 28540	(910) 347-3227	<a href="http://www.onslowco.org">www.onslowco.org</a>
Onslow County Farmers Market	In the process of accepting WIC for produce payment. Accepts food stamps. <b>Not free produce.</b>	4024 Richland’s Highway Jacksonville, NC 28540	(910) 455-5873	<a href="http://www.onslowncfarmersmarket.com/">http://www.onslowncfarmersmarket.com/</a> T,Th: 10a-2p Sat: 8:30a-1:10p
Salvation Army	Food Pantry: M-F 9am-3pm (closed 12p-1p) F-emergencies only	535 Bell Fork Rd Jacksonville, NC 28540	(910) 346-8800	<a href="http://www.salvationarmyjacksonville.nc.org">www.salvationarmyjacksonville.nc.org</a>  One time use; additional visits require a DSS referral
Salvation Army	Food Pantry: M-W-F 9am-4pm	510 Main St. Maysville NC 28555	(910) 743-0126	No referral needed but must live in Maysville/Jones County
Second Chance Mission	Food Pantry: distribution on Wednesday 12pm	309 court street Jacksonville, NC 28540	(910) 455-7111	Please call the designated phone # (910) 300-7085 on Tuesday between 10am-12pm. Bring a photo ID and a current utility bill (electric or water bill). Also have clothing, furniture, household items. (Welcome donations)
Onslow Senior Nutrition Sites	Lunch for Seniors	Jacksonville: 4024 Richlands Hwy. Jacksonville, NC 28540  Richlands: 106 E. Frank St. Richlands, NC 28574  Sneads Ferry: 242 Sneads	Jacksonville: (910) 989-3006  Richlands: (910) 324-1357  Sneads Ferry: (910) 741-0670  Swansboro: (910) 340-1253  Belgrade:	<a href="http://www.onslowcountync.gov/Seniors/">http://www.onslowcountync.gov/Seniors/</a>  Must be an Onslow county resident aged 60 or older.  Reservations at all sites must be made by 12pm the day before you would like to visit.  Lunch served: M-Th 12p, F 11:30a at each

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		Ferry Rd. Sneads Ferry, NC 28460  Swansboro: 830 Main St. Ext. Swansboro, NC 28584  Belgrade: 482 Spring Hill Rd. Maysville, NC 28555	(910) 734-0800	site.  Voluntary consumer contributions are accepted
Senior Services Home Delivered Meals	Home Delivered Meals Monday- Friday, For seniors 60+ unable to attend the senior service nutrition sites	Must live in Jacksonville, Richlands, Catherine Lake, Piney Green/ Pumpkin Center, Sneads Ferry, Belgrade, Gum Branch, Northwoods, New River, Downtown	(910) 989-3013 (910) 989-3006	A hot afternoon meal is delivered by volunteers to seniors 60 or older who are homebound, have no one to cook for them and are unable to attend one of the Senior Service Nutrition sites. Please call (910) 989-3006 to schedule, there may be a waiting list depending on your route area
St. Anne's Episcopal Church Unseen guest ministry	Food Pantry : pick up T & Th 10a-12p	711 Henderson Dr. Jacksonville, NC 28540	(910) 347- 3774	<a href="http://stannesjacksonville.ecdio.org/Ministries/unseen-guest.html">http://stannesjacksonville.ecdio.org/Ministries/unseen-guest.html</a> Picture ID; currently adult food only; frozen meals and small pantry items; occasionally personal care items.
Women's Infant and Children (WIC)	WIC provides: Breastfeeding Support, Healthy Foods, Health Referrals, Eating tips for you and your child. Please call the number to schedule an appt. M-F 8am- 5pm and Th 8am- 8pm	612 College St. Jacksonville, NC 28540	(910) 347-2154	<a href="http://www.onslowcountync.gov/department7030.aspx?pageid=20838">http://www.onslowcountync.gov/department7030.aspx?pageid=20838</a> Please bring current Identification, proof of residence, and proof of income. Have a health risk factor based on: height and weight, blood test for low iron, health history, diet history. Who is Eligible: Live in a household with income at or below WIC guidelines
White Oak Ecumenical Outreach Ministries -Meals on Wheels	Food Pantry and Meals on Wheels: Swansboro, Hubert, Western Carteret, Emerald Isle	PO BOX 597 Swansboro 28584	Meals on Wheels: Louise Rotchford (252) 393-7335	<a href="http://www.woeom.com">http://www.woeom.com</a> No minimum age requirement; For those who have a disability, are alone without a caregiver to prepare meals and have no source of transportation. DSS and Home referrals taken.

				Must fill out an application and be eligible for food pantry.
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**Health Promotion and Prevention Programs**

<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Onslow County Health Department	Health Promotion and Prevention Programs for: child services, adult health services, educational classes, environmental health services	612 College St. Jacksonville, NC 28540	(910) 347-2154 fax (910) 347-7941	<a href="http://www.onslowcountync.gov/health">www.onslowcountync.gov/health</a>
Sickle Cell Disease Association of America, Inc.	Sickle Cell Disease information and community	Fayetteville: 2409 Murchison Rd. Fayetteville, NC 28301  Greensboro: 1102 East Market St. Greensboro, NC 27401	Fayetteville: (910) 488-6118  Greensboro: (336) 274-1507	<a href="http://www.sicklecelldisease.org/index.cfm?page=chapter&amp;id=43">http://www.sicklecelldisease.org/index.cfm?page=chapter&amp;id=43</a>  <a href="http://www.piedmonthealthservices.org">www.piedmonthealthservices.org</a>
Cooperative Extension	4-H youth development, Classes and workshops, agriculture and food, community, forest resources, health and nutrition, home and family, lawn and garden, soil water air. Office hours: M-F 8a-5p	4024 Richlands Hwy. Jacksonville, NC 28540	(910) 455-5873	<a href="http://onslow.ces.ncsu.edu/">http://onslow.ces.ncsu.edu/</a>
The United Way of Onslow County	To advance the common good in Onslow County by focusing on the building blocks for a good life - education,	403 N. Bayshore Blvd. Jacksonville, NC 28540	(910) 347-2646	<a href="http://www.unonslow.org">www.unonslow.org</a> Offers Disaster Relief Fund; CHEW; Imagination Library; and EFSP programs. Volunteers are highly sought after. Check out <a href="http://getconnected.volunteer.onslow">getconnected.volunteer.onslow</a>



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	income, and health, and create long-lasting changes by addressing the underlying causes of community problems. Free Tax preparation and filings assistance.			.org
NC211	Connects the community with a network of more than 18,000 resources in North Carolina. Partners can assist you with Food, Housing & Utilities, Child Care, Education Programs, Financial Education and Counseling, Access to Health Care, Job Training, Support Groups, Mental Health and Substance Abuse, Senior Services, Disaster Services and much more.	phone-based	Dial 2-1-1 or 888-892-1162	<a href="http://www.uwonslow.org/211">Http://www.uwonslow.org/211</a> NC 211 is free, confidential, available everyday, all day in any language.
SHAPE-Onslow Partnership for Children	Focuses on nutrition, physical activity, and the outdoor learning environment to promote healthy eating and active play among NC's youngest children, 0-5 years old.	900 Dennis Rd Jacksonville, NC 28546	(910) 938-0336 Rachel	<a href="http://www.onslowkids.org/shape-nc.php">www.onslowkids.org/shape-nc.php</a>  <i>Bilingual</i>

Health/Medical Facilities				
Agency Name	Description	Address	Contact	Other Important Information

Onslow Memorial Hospital	Services include: Neurology, Nursery, Pediatrics, Nursing, patient navigator, pharmacy, radiation oncology, radiology, rehabilitation, respiratory, sleep disorders lab, stroke awareness, surgical, transport, welcome waggies professional therapy dog, woman's imaging center	317 Western Boulevard Jacksonville, NC 28546	(910) 577-2345	<a href="http://www.lightenuponslow.org">www.lightenuponslow.org</a> Website includes O'healthy website for healthcare news and medical information, and Momtalk interactive mom blogs. Facebook and Twitter. Lighten Up Onslow is available on the web.
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<b>Healthcare and Insurance</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Affordable Care Act (ACA)	Local help with application: Onslow County Health Dept. Brenda Brown	612 College Street Jacksonville, NC 28540	1-855-733-3711	Special enrollment period assistance by appointment only on Wednesdays. Call to schedule an appointment.

<b>Home Health Care</b>
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Agency Name	Description	Address	Contact	Other Important Information
Community Alternatives Program for Disabled Adults, Onslow County Senior Services	NC Medicaid's home and community-based services waiver program intended to provide alternatives to nursing home placement for low-income, disabled residents.	4024 Richlands Hwy Jacksonville, NC 28540	(910) 577-6660	<a href="https://www.payingforseniorcare.com/financial-assistance/north-carolina.html">https://www.payingforseniorcare.com/financial-assistance/north-carolina.html</a>
Continuum	Personal home and hospice care, and grief counseling	3886 Henderson Drive Jacksonville, NC 28546	(910) 989-2682	<a href="http://www.continuumhch.com/">http://www.continuumhch.com/</a>  <i>Bilingual</i>  volunteers needed
Liberty Home Care	Home care/hospice; some specialty services (Advanced wound care, cardiac, 5 Wishes Program, VitaStim)	1700 Country Club Rd Jacksonville, NC 28546	(910) 346-4800 Fax: (910) 346-5878	<a href="http://www.libertyhomecare.com">www.libertyhomecare.com</a>
Maxim Home Care-Jacksonville Home Care Accredited	Home health care, pediatric home care, respite care, intermittent care, and companion services.	825 Gum Branch Square Suite 109 Jacksonville, NC	(910) 355-2757 Fax: (910) 355-2455	<a href="http://www.maximhealthcare.com">www.maximhealthcare.com</a>
Onslow Home Health and Hospice Center	Intermittent skilled care is provided to patients under a physician's plan of care to restore health, provide teaching, palliative care, and bereavement services. M-F 8a-5p and 24/7 on-call RN service	4024 Richlands Hwy Jacksonville, NC 28540 2013 Lejeune Blvd Jacksonville, NC 28546	(910) 577-6660	<a href="http://www.onslowcountync.gov/HomeHealthHospice/">www.onslowcountync.gov/HomeHealthHospice/</a>
Quality Home Staffing	Accepts Medicaid & Worker's Comp	200 Valencia Dr. Suit 186 Jacksonville, NC 28546	(910) 346-1094	<a href="http://www.qualityhomestaffing.com">www.qualityhomestaffing.com</a>

<b>Nursing and Adult Care Homes</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Carebridge Assisted Living Community	Assisted living facility that offers activities to maintain healthy lifestyle, support socializing with peers, meals, medication monitoring, and mobility assistance.	34 McDaniel Dr. Jacksonville, NC 28546	(910) 347-1300	Accepts Medicare and Medicaid
Premier Nursing and Rehab	Skilled nursing facility. Services include: clinical, rehab/therapy, SPARK (Alzheimer's support)	225 White St. Jacksonville, NC 28546	(910) 353-7222	<a href="http://www.premiernursingcenter.com">www.premiernursingcenter.com</a> Accepts Medicare and Medicaid
Carolina Rivers Nursing and Rehabilitation Center	Clinical rehab and therapy services. Accepts Medicare and Medicaid	1839 Onslow Drive Ext Jacksonville, NC 28540	(910) 455-3610	<a href="http://www.carolinariverscare.com">www.carolinariverscare.com</a>

<b>Shelters</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Onslow Community Outreach	Homeless Shelter open M-Th 5p & F 6pm	600 Court Street Jacksonville, NC 28540	(910) 347-3227 (910) 455-5733	Need ID
Second Chance Mission of Hope	Homeless Shelter	309 Court Street, Jacksonville, NC 28540	(910) 455-7111	
Youth Services	Provides temporary shelter care services, 365 days a year for court and law involved youth as an alternative to the streets, secure detention, and youth development centers	220 Georgetown Rd. Suite 200 Jacksonville, NC 28540	(910) 455-1202	<a href="http://onslowcountync.gov/Youth/">http://onslowcountync.gov/Youth/</a>

<b>Substance Abuse Prevention</b>				
<i>This list is intended as a guide. Further information and available resources can be found at:</i> <a href="http://www.simeetings.com/LA/NC/JacksonvilleMtgs.html">http://www.simeetings.com/LA/NC/JacksonvilleMtgs.html</a>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Community Prevention Services	Works with adolescents and adults to prevent them from becoming addicted to substances. Services are FREE.	2444 Commerce rd. Jacksonville, NC 28546	(910) 353-0972	<a href="http://www.communityprevention.webs.com/">http://www.communityprevention.webs.com/</a>  <i>Bilingual</i>
Sunrise Group	Alcoholics Anonymous: Open meetings 365 days a year - 8a	St. Anne's Church-711 Henderson Dr. Jacksonville, NC 28540	(910) 347-3774	No dues or fees for AA membership
12 & 12 @12 Group	Alcohol Anonymous: Open Discussion - 12pm Sunday-Saturday	Mon-Fri: 612 New Bridge St. Jacksonville, NC 28540	(910) 455-3666	Only eligibility is desire to stop drinking alcohol. No dues or fees for AA membership
KIB Group	"Keep It Basic": 8p Sun-Sat	215 Memorial Drive Jacksonville NC 28546	(910) 219-8000	No dues or fees for AA membership
Primary Purpose Group	Alcohol Anonymous: closed big book - 6p-8p Sunday	Onslow Memorial hospital EDU BLDG Room 102 Western Blvd Jacksonville, NC 28546	(910) 577-2345	
Women in Sobriety	Alcohol Anonymous: closed step study - 7pm Monday	Northwoods Methodist Church 1728 Gum Branch Rd Jacksonville, NC 28540	(910) 346-9726	<a href="http://www.womenforsobriety.org/beta2/">http://www.womenforsobriety.org/beta2/</a> For women with a desire to stop drinking.

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Trillium	Community treatment, day treatment, detoxification services, facility-based crisis services, in-home services, mobile crisis management, medication management, multi-systemic therapy, outpatient opioid treatment, partial hospitalization, psychosocial rehabilitation, substance abuse treatment program, outpatient services, peer support specialist services, and community support team.	Trillium Health Resources 1708 E. Arlington Blvd. Greenville, NC 27858-5872	Main Admin: 1-866-998-2597  24HR Crisis: 1-877-685-2415	<a href="http://www.trilliumhealthresources.org/">http://www.trilliumhealthresources.org/</a> <u>Crisis line will help navigate the system and offer a referral to a licensed counselor. Can also dispatch a mobile crisis unit.</u>
Old Timers Serenity Group	Alcohol Anonymous: closed discussion - 8pm Thursday	Northwoods Methodist Church 1528 Gum Branch Rd Jacksonville, NC	(910) 346-9726	Attended only by people with a desire to stop drinking.
Al-Anon Meetings	Meetings for families of alcoholics mon:	1) Wilmington locations  2) Swansboro United Methodist Church: 665 W Corbett Ave. Swansboro, NC  3) 215 Memorial Dr. Jacksonville, NC	1.(910) 509-2380  2.(910) 326-4822  3.(910) 353-4650  Hotline: (910) 526-1190	1) Call for meeting times and locations.  2) <b>A.A.</b> M: 7p-8p Barnum House, 8p-9p Fellowship Hall T: 11:45-12:45 Room #2, 8p-9p Fellowship hall W:8p-9p Fellowship hall Th: 11:45-12:45 Room #25, 8p-9p Fellowship hall F: 8p-9p Fellowship hall Sat: 7p-8p Fellowship hall <b>ALANON</b> T: 8p-9p Barnum house  3) Wed & Sat: 8p

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New Insights	DWI assessment and Substance Abuse treatment services	1007 Hargett St. Jacksonville, NC 28540	(910) 324-4887	By appointment only
PORT Human Services	Adults that have mental health and/or substance abuse/dependence diagnosis.	231 Memorial Dr. Suite A/B Jacksonville, NC 28546	(910) 353-5354 Crisis Hotline: 1-866-488-7678	<a href="https://porthumanservices.org/">https://porthumanservices.org/</a> Adults age 18 and up
CDTEG	Chemical Dependency Training; Alcohol and drug counseling for adults, and court ordered drug testing, assessments, and evaluations.	230 New Bridge St Jacksonville, NC 28540	(910) 347-4477	Hotline: 1800-852-0795 <i>Bilingual</i>
New Way Life Group	Narcotics Anonymous Meetings	Northwoods Methodist Church 1528 Gum Branch Rd Jacksonville, NC 28540	(910) 346-9727	W: 6:30p Th: 8p Sun:3p

Support Groups				
Agency Name	Description	Address	Contact	Other Important Information
Alzheimers Support Group	2nd Tuesday of each month at 2pm. In the Onslow County Multipurpose Complex	Onslow County Senior Services 4024 Richlands Hwy Jacksonville, NC 28540	(910) 455-2747	Sister Service (Adult Day Care) is available at no charge for your lived on while you attend the support group

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Compassionate Friends	Grief support after the death of a child; 3 <sup>rd</sup> Tuesday of each month 7p	Church of Christ 111 Roosevelt Rd. Jacksonville, NC 28540	Church: (910) 347-1122 Sue Simpson: (910) 455-3397	
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Women's Health				
Agency Name	Description	Address	Contact	Other Important Information
Abounding Love Doula Service	Doula Services	private, in-home based	Stephanie Landry (727) 687-0144	<a href="http://www.aboundinglovedoulaservice.weebly.com">www.aboundinglovedoulaservice.weebly.com</a>
Jacksonville OB/Gyn	OB/GYN	291 Huff Drive Jacksonville NC 28546	(910) 577-4255	<a href="http://www.wesleyhambrightmd.com">www.wesleyhambrightmd.com</a>
La Leche League Jacksonville	Breastfeeding support meetings: 1st Thursday at 10am	Lutheran Church of Our Savior 1115 Lejeune Blvd Jacksonville, NC 28540	(910) 378-9877 <a href="mailto:llofjacksonville@gmail.com">llofjacksonville@gmail.com</a>	<a href="http://lalecheofjaxnc.weebly.com/">http://lalecheofjaxnc.weebly.com/</a> Meetings are informal and open to the public Babies and children are always welcome
Onslow Memorial Hospital	Breastfeeding support/OBGYN	317 Western Blvd Jacksonville NC 28546	(910) 577-2345	<a href="http://www.onslow.org">www.onslow.org</a>
Onslow Pregnancy Resource Center	Women's Center, Referral, Health Services	3280-A Henderson Dr. Jacksonville, NC 28546	(910) 938-7000	<a href="http://www.oprcfriends.com/">http://www.oprcfriends.com/</a> M: 11a-3p T,W: 9a-5p Th: 9a-7p F: closed



WIC Women Infant Children	Provides supplemental nutritious foods, nutrition counseling and education, breastfeeding peer counselors and lactation consultants.	Onslow County Health Department 612 College St Jacksonville, NC 28540	(910) 347-2154	<a href="http://www.onslowcountync.gov/department7030.aspx?pageid=20838">http://www.onslowcountync.gov/department7030.aspx?pageid=20838</a> Serves women who are pregnant, breastfeeding or just had a baby. Children ages birth -5 are also served. Must meet WIC income requirements and have a health risk
Women's Healthcare Associates	OB/GYN	245 Memorial drive Jacksonville NC 28546	(910) 353-4333	<a href="http://womenshealthcarenc.com/">http://womenshealthcarenc.com/</a>

## HISPANIC RESOURCES

### Civic Organizations

<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Onslow Hispanic Latino Association (OHLA)	To assist the Hispanic Latino community to obtain equitable, social, educational, health and cultural services that are available in Onslow County.	Atten: Lucrecia Martin P.O. Box 1456 Jacksonville, NC 28541	(910) 546-4853 <a href="mailto:ohlaofonslow@gmail.com">ohlaofonslow@gmail.com</a>  OR  Cynthia Figueroa: (910) 650- 8034	<a href="http://ohlaofonslow.wix.com/welcome">http://ohlaofonslow.wix.com/welcome</a>

### Child Services

<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>

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Happy Day Christian Childcare Preschool	Ages from Birth to 12 Years, Daily and Hourly Drop-Ins, State Certified and Licensed Teachers, CPR & First Aid Certified, Spanish Introduction Programs, After School Programs, Summer Camp, Subsidized Programs Accepted, Quality Enhancement by Smart Start	531 Henderson Dr. Jacksonville, NC 28540	(910) 347-3396	<a href="http://www.localedge.com/listing/139773/100574/Happy+Day+Christian+Child+Care/9103473396/531+Henderson/Jacksonville/NC/28540">http://www.localedge.com/listing/139773/100574/Happy+Day+Christian+Child+Care/9103473396/531+Henderson/Jacksonville/NC/28540</a>  <i>Bilingual</i>
Onslow County Partnership for Children	OCPC provides a wide range of direct services to children and families, including home visiting, parent support, military family support, intervention services, and childcare access and referral	900 Dennis Rd Jacksonville NC 28540	(910) 938-0336	<a href="http://www.onslowkids.org/index">http://www.onslowkids.org/index</a> Satellite Locations: Richlands (910) 324-6590  <i>Bilingual</i>
PEERS	Offers several parenting classes	151 Chaney Avenue Jacksonville, NC 28540	(910) 333-9725	<a href="http://www.peersfamily.webs.com/">http://www.peersfamily.webs.com/</a>  <i>Not Bilingual</i>
PORT Human Services	For children that have a mental health or substance use, abuse, or dependence diagnosis.	231 Memorial Dr. Suite A/B Jacksonville, NC 28546	(910) 353-5354	<a href="https://porthumanservices.org/">https://porthumanservices.org/</a>  For children ages 4-18 (or up to 21 if child receives Medicaid)

<b>Women's Services</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>

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The Women's Clinic	OBGYN Hours: M-Th: 830a-5p F: 8:30a-12p	219 Station Street, Jacksonville, NC 28546	(910) 455-5000	Dr. Alvarado is <i>bilingual</i> and can assist Hispanic patients
Onslow Women's Center	Women helping women with domestic abuse and substance addiction. Has Hispanic outreach employee and a Hispanic bilingual court advocate.	226 New Bridge St. Jacksonville, NC 28540	Office/Admin: (910) 238-2941  Hotline: (910) 347-4000	<a href="http://www.onslowwomenscenterinc.org">Http://www.onslowwomenscenterinc.org</a>  <i>Bilingual</i>

<b>Adult/Child Health</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Goshen Medical Center	Family practice clinic for those between the ages of 2-99 years old. Scheduling is 7 days out but try to accommodate the very sick. No immunizations offered at the center.	1200 Hargett St. Jacksonville, NC 28540	910-219-1082	<a href="http://www.goshenmedical.org">http://www.goshenmedical.org</a>  <i>There is a Spanish interpreter available.</i>
Med First Immediate Care and Family Practice	Spanish Interpreter services/Minor Emergencies & Illnesses, Complete Family Practice, Diabetes, Hypertension, Asthma, Physical exams, Worker's Comp, Auto Injury Care, Immediate Care, Sports & School Physicals, Women's Health, Immunizations, Lab Services, Skin Care	Western Extension: 308 Dolphin Dr. Jacksonville, NC 28546  Southwest: 609 Richlands Hwy, Suite 6 Jacksonville, NC 28540  Urgent Care: 325 Western Blvd. Jacksonville, NC 28546	Western Extension: (910) 346-2273  Southwest: (910) 455-7888  Urgent Care: (910) 577-1555	<a href="http://thinkmedfirst.com/index.html">http://thinkmedfirst.com/index.html</a>  <i>Bilingual</i>

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Onslow Memorial Hospital	Offers MARTTI, an acronym for My Accessible Real Time Trusted Interpreter. Through a video internet connection, the patient and physician connect to the Language Access Network's MARTTI for access to a live interpreter that allows them to communicate.	317 Western Blvd Jacksonville, NC 28546	(910) 577-2345	<a href="http://www.onslow.org/services/medical-interpreter">http://www.onslow.org/services/medical-interpreter</a>
Onslow County Health Department	Offers Hispanic Interpreter. Medical services include teen services, birth control, breast exams mammography, diabetes and chronic disease education, immunizations, nutrition counseling pap smears, physical exams, child physical exams, prenatal check ups and pregnancy tests, HIV, STD, TB communicable diseases, pregnancy care management, care coordination for children, WIC, preparedness response, education and outreach.	612 College Street Jacksonville, NC 28540	(910) 347-2154	<a href="http://www.onslowcountync.gov/health/">http://www.onslowcountync.gov/health/</a>
Martin's Pediatrics and Counseling Center (Co-located)	Offers Spanish interpretive services for clinical services only.	3221 Dewitt Street Jacksonville, NC 28546	(910) 938-2220	<a href="http://www.martinspediatrics.com/">http://www.martinspediatrics.com/</a>  <i>Bilingual</i>
Shalom Medical	Adult medicine- (bilingual staff member). Accepts Medicaid & private pay. Costs \$125.00 first visit; \$85.00 second visit(price does not include, diagnostics, testing or medications)	29 Office Park Drive Jacksonville, NC 28546	(910) 333-9712	<i>Bilingual</i>

<b>Behavioral Health</b>				
<b>Agency Name</b>	<b>Description</b>	<b>Address</b>	<b>Contact</b>	<b>Other Important Information</b>
Anew River Counseling Services, PLLC	Spanish Services include: Assessments, ADETS, Short and Long term outpatient, out of state reviews. NC state DWI , and Problem Gambling Services, tobacco cessation, assessment and treatment	99 Village Drive, Suite 17 Jacksonville, NC 28546	(910) 333-8107	<a href="http://www.anewrivercs.com/">http://www.anewrivercs.com/</a>  <i>Bilingual</i>
Brynn Marr Hospital	Behavioral health services for children, adolescents, adults and senior adults through a comprehensive, integrated system of inpatient treatment; including acute and residential programs.	192 Village Drive Jacksonville, NC 28546	(910) 577-1400	<a href="http://www.brynnmarr.org/">http://www.brynnmarr.org/</a> Accepts a variety of insurances, including Medicare, Medicaid, and Tricare.
Trillium	Community treatment, day treatment, detoxification services, facility-based crisis services, in-home services, mobile crisis management, medication management, multi-systemic therapy, outpatient opioid treatment, partial hospitalization, psychosocial rehabilitation, substance abuse treatment program, outpatient services, peer support specialist services, and community support team.	Trillium Health Resources 1708 E. Arlington Blvd. Greenville, NC 27858-5872	Main Admin: 1-866-998-2597  24HR Crisis: 1-877-685-2415	<a href="http://www.trilliumhealthresources.org/">http://www.trilliumhealthresources.org/</a> <u>Crisis line will help navigate the system and offer a referral to a licensed counselor. Can also dispatch a mobile crisis unit.</u>

<b>ESL Classes</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Coastal Carolina Community College	The FREE ESL classes are located in the Continuing Education Building.	444 Western Boulevard Jacksonville, NC 28546	Office: (910) 455-1221  Continuing Ed classes: (910) 938-6259	www.coastalcaroline.edu ESL, Adult Basic Education, and Adult Secondary Education classes and labs are free on and off campus; located in Academic Studies Center in CE Bldg.; Must register M-W 7a-7p, take skill assessment, and attend orientation; ID required.
Living Hope Church	ESL class M-Th 9a-12p	1310 Hargett St. Jacksonville, NC 28540	(910) 346-8470  Community College: (910)-938-6259	<a href="http://livinghopejacksonville.org/">http://livinghopejacksonville.org/</a>

<b>Government Services</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Department of Social Services	Offers financial, nutritional, and medical assistance	1255 Hargett Street Jacksonville NC 28540	(910) 455-4145	<a href="http://www.onslowcountync.gov/DSS/">http://www.onslowcountync.gov/DSS/</a>
Mexican Consulate	Assists in obtaining visas and U.S. passports for traveling	431 Raleigh view Rd. Raleigh, NC 27610	919-615-3653	<a href="https://consulmex2.sre.gob.mx/raleigh/">https://consulmex2.sre.gob.mx/raleigh/</a>

<b>Hispanic Foods</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>

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La Canasta Mexican Store	Food market	233 C Bell Fork Rd Jacksonville, NC 28546	(910) 219-3888	10a-8p
La Pinata Mexican store	Food market, money transfer and package services	2925 Richlands Highway Suite 2 Jacksonville, NC 28540	(910) 219-4466	M-F: 10a-9p Sat: 8a-9p Sun: 8a-7pm

<b>Hispanic Worship</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Betel Asambles de Dios (Bethel Assembly of God)/Calvary AG Hispanic Church of God	Sunday service @1030 a; Bible study Wednesday @7p	325 Blue Creek School Rd. Jacksonville, NC 28540	(910) 455-0121	
Iglesia de Dios Pentecostal	Bilingual church with Spanish as the first language. Sunday worship at 12p with children's church. Tuesdays @730p bible study and Fridays 730p is ministries	1042 Country Club Rd Jacksonville, NC 28540	(910) 526-1202	<b><u>Every other Thursday free food distribution 1p</u></b>
Infant of Prague Church	Sunday Mass 8a, 10a, 12:30p, 3p(Spanish)	205 Chaney Ave Jacksonville, NC 28540	(910) 347-4196	<a href="http://www.iopnc.org/IOP/Home.html">http://www.iopnc.org/IOP/Home.html</a>
Northwoods United Methodist Church	Hispanic Worship 1pm, Food Pantry	1528 Gum Branch Rd Jacksonville, NC 28540	(910) 346-9727	<a href="http://northwoodsumc.org/welcome/ministerio-hispano">http://northwoodsumc.org/welcome/ministerio-hispano</a>

<b>Housing</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>

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Holiday City Mobile Home Park	Spanish-speaking staff	553 Corbin Street, Jacksonville NC 28546	(910) 353-2241	<a href="http://www.ascentia.us">www.ascentia.us</a>
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<b>Media</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Enlaces North and South Carolina	Bi-weekly, free local newspaper with news and sports	925 S. Kerr Ave. Suite H-4 Wilmington, NC 28403	(910) 463-4595 / (910) 795-6962	<a href="http://enlacesnc.com">http://enlacesnc.com</a>
la Mega	Radio stations 1310 AM and 94.3 FM	707 Lean St. Durham, NC 27704	(919) 828-7301	<a href="http://www.lameganc.com">www.lameganc.com</a>

<b>Recreation</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Onslow County Museum	Heritage Day Event	301 S. Wilmington St. Richlands, NC 28574	(910) 324-5008	<a href="http://onslowcountync.gov/Museum/">http://onslowcountync.gov/Museum/</a>

<b>MEDIA</b>				
<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>



G10TV	G10TV is a cooperative venture serving Jacksonville-Onslow 24 hrs. a day on Time Warner Cable(TWC). The city of Jacksonville operates G10 and provides production assistance to Onslow.	P.O. Box 128 Jacksonville, NC 28541	(910) 938-5200	<a href="https://jacksonvillenc.gov/index.aspx?nid=128">https://jacksonvillenc.gov/index.aspx?nid=128</a> Programming includes city and county meetings and community interests and special events
Jacksonville Daily Newspaper	A daily print and online newspaper	724 Bell Fork Rd P.O. BOX 196 Jacksonville 28540	(910) 353-1171	<a href="http://www.jdnews.com">http://www.jdnews.com</a>

## MENTAL HEALTH RESOURCES

### Mental Health Service

<u>Agency Name</u>	<u>Description</u>	<u>Address</u>	<u>Contact</u>	<u>Other Important Information</u>
Brynn Marr Hospital	Behavioral health services for children, adolescents, adults and senior adults through a comprehensive, integrated system of inpatient treatment and residential programs.	192 Village Dr. Jacksonville, NC 28546	(910) 577-1400	<a href="http://www.brynnmarr.org/">http://www.brynnmarr.org/</a>
Trillium	Community treatment, day treatment, detoxification services, facility-based crisis services, in-home services, mobile crisis	Trillium Health Resources 1708 E. Arlington Blvd. Greenville, NC 27858-5872	Main Admin: 1-866-998-2597  24HR Crisis: 1-877-685-2415	<a href="http://www.trilliumhealthresources.org/">http://www.trilliumhealthresources.org/</a> <u>Crisis line will help navigate the system and offer a referral to a licensed counselor. Can also dispatch a mobile crisis unit.</u>

	management, medication management, multi-systemic therapy, outpatient opioid treatment, partial hospitalization, psychosocial rehabilitation, substance abuse treatment program, outpatient services, peer support specialist services, and community support team.			
RHA Health Service	Mobile Crisis Services Available 24/7/365	215-A Memorial Dr Jacksonville, NC 28546	Crisis Hotline: 1-844-709-4097 RHA Office: 353-4641	<a href="http://www.rha.org">www.rha.org</a>
Martin Pediatrics	Mental Health Services	3221 Henderson Dr. Jacksonville, NC 28546	(910) 938-2220	<a href="http://www.martinspediatrics.com/">http://www.martinspediatrics.com/</a>
Pride in North Carolina	Mental Health Services	110 Branchwood dr. Suite B Jacksonville, NC 28546	(910) 938-9833	<a href="http://www.pridenc.com">www.pridenc.com</a>

**MILITARY SERVICES**

<b>Agency Name</b>	<b>Description</b>	<b>Address</b>	<b>Contact</b>	<b>Other Important Information</b>

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Counseling Services, MCCA Camp Lejeune	General Counseling for active duty Military, Dependents, and Retirees.	799 B Brewster Blvd. Camp Lejeune, NC 28544	(910) 451-2864	Provides mental health services to retirees, the active duty member, his/her spouse, and dependents. Not for civilians, must have access to the base.
Onslow County Schools Military Liaison	Military, School, Referral	LCH 4012 Midway Park Camp Lejeune, NC 28544	910-449-9915 910-449-9749	<a href="http://www.mccslejeune-newriver.com/schools">www.mccslejeune-newriver.com/schools</a>
New River MCAS Chapel Food Bank	Food pantry available to military families M-F: 7:30a-4:15p	Bldg AS236 New River MCAS Jacksonville, NC 28540	(910) 449-6801	Active duty, dependents, reservist, veteran
Navy Marine Corps Relief Society	Financial Assistance	400 McHugh Blvd Camp Lejeune, NC 28547	(910) 451-5584 after hours Red Cross 1-800-272-7337	Active duty, dependents, reservist, widows, veteran (limited assistance), and retirees.
Military One Source	Counseling on money matters, deployment support, smooth moves, childcare resources and referrals, special needs, spouse employment concerns, and translation services provided by a trained master's level consultant. <b>For active duty, dependents, reservist, veteran</b>		1-800-342-9647	<a href="http://www.militaryinstallations.dod.mil/MOS/f?p=MI:CONTENT:0::NO::P4_INST_ID,P4_CONTENT_DIRECTORY,P4_ZIP,P4_DIST,P4_TAB:3805,0,,10,IC">http://www.militaryinstallations.dod.mil/MOS/f?p=MI:CONTENT:0::NO::P4_INST_ID,P4_CONTENT_DIRECTORY,P4_ZIP,P4_DIST,P4_TAB:3805,0,,10,IC</a>  <i>Bilingual</i>
USO-United Services Organization	Offers computer services, family area, snack bar, TV/Lounge area, library, children's area, pool and ping-pong tables. Also offers many programs for <b>active duty military</b> , including a food pantry	9 Tallman St. Jacksonville, NC 28540	(910) 455-3411 <a href="mailto:jcoffere@uso-nc.org">jcoffere@uso-nc.org</a>	<a href="http://uso-nc.org/our-centers/uso-of-north-carolina-jacksonville-center/">http://uso-nc.org/our-centers/uso-of-north-carolina-jacksonville-center/</a>  Food Pantry Hours M-F: 10:30a-8p Sat: 10a-9p Sun: 11a-5p

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Veterans Service	A veteran’s service officer meets with veteran, spouse, widow, and children of vets to help with VA benefits application and paperwork. Hours: M-F 8a-5p	234 NW Corridor Blvd Jacksonville, NC 28540	(910) 347-3309 fax(910) 937-1134	<a href="http://www.onslowcountync.gov/veterans">www.onslowcountync.gov/veterans</a>
Veterans of Foreign Wars	Local posts provide a place for social connection as well as events to support the veteran community.	1450 Piney Green Jacksonville, NC 28546	(910) 353-6810	<a href="http://vfwnc.org/">http://vfwnc.org/</a>  188 Hines Stump Sound Church Road, Holly Ridge, NC 28445 (910) 329-1881
Educational & Developmental Intervention Services (EDIS)	Provides early intervention (age birth to three) services for dependent children with developmental delays, medical conditions or genetic conditions.	On Base: Naval Hospital Clinic Anex Building NH-200 Recovery way Camp Lejeune, NC 28547  Off Base: 2842 Neuse Blvd New Bern, NC 28562	On Base: (910) 450-4127  Off Base: (252) 514-4770 Toll-Free for parents: (866) 543-7662	<i>Bilingual</i>
Exceptional Family Member Program	EFMP is a mandatory enrollment program for all active duty personnel with family members with special needs. Also assists in New parent support, Sexual assault prevention, Child care, Behavioral health, Abuse and assault, Substance abuse and more.	Cherry Point: Building 232 4 <sup>th</sup> Ave. and E. St Cherry Point NC 28533	<p>•<b>Cherry Point EFMP</b> – Heather 252-466-7533 Sergio Jimenez 252-466-6542 Lisa Sadler 252-466-3305 or main office 252-466-4401</p> <p>•<b>Lejeune EFMP</b> – Christina Diederich @ 910-451-4103 252-466-2811</p> <p>•<b>New River EFMP</b> – Terry Dressler @ 910-449-5247 or 910-449-5251</p>	<a href="http://www.Mccscherrypoint.com">www.Mccscherrypoint.com</a> programs

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<p>North Carolina Military Business Center</p>	<p>Statewide, business development entity of the North Carolina Community College System. The NCMBC leverages federal business opportunities for economic development and job creation and has offices at ten Community Colleges across the state</p>	<p>Coastal Carolina Community College Melton Skills Bld- Rm 107 444 Western Blvd. Jacksonville, NC 28540</p>	<p>PaulAnne Page @ (910) 938-6785</p>	<p><a href="http://www.ncmbc.us/">http://www.ncmbc.us/</a></p>
<p>Camp Lejeune Naval Hospital</p>	<p>Service include: family medicine, immunizations and vaccines, maternal child infant nursing, multi-service ward, OB/Gyn, Safe Harbor, Deployment health center, pediatrics, pharmacology, radiology, available classes, NHCL Public Health Department</p>	<p>100 Brewster Blvd. Camp Lejeune, NC 28547</p>	<p>(910) 450-4300</p>	<p><a href="http://www.med.navy.mil/sites/nhcl/Pages/default.aspx">http://www.med.navy.mil/sites/nhcl/Pages/default.aspx</a> Open 24 Hours to Military and dependents.</p>
<p>Women's Infant and Children (WIC)</p>	<p>Serves women who are pregnant, breastfeeding or just had a baby. Children ages birth -5 are also served. Provides: Breastfeeding Support, Healthy Foods, Health Referrals, Eating tips for you and your child. Please call the number to schedule an appt. M-F 8a-5p</p>	<p>2455 Iwo Jima Blvd Camp Lejeune, NC 28542</p>	<p>(910) 353-0022</p>	<p>Please bring current Identification, proof of residence, and proof of income. Who is Eligible: Live in a household with income at or below WIC guidelines Have a health risk factor based on: height and weight, blood test for low iron, health history, diet history</p>

**OTHER RESOURCE PAGES**

[www.onslowcommission.org/links.html](http://www.onslowcommission.org/links.html)

[www.ncdhhs.gov/contact/hotlines](http://www.ncdhhs.gov/contact/hotlines)

[www.onslowwc.org/resources](http://www.onslowwc.org/resources)

[www.coastalcarolina.edu/con-ed/basic-skills](http://www.coastalcarolina.edu/con-ed/basic-skills)

[www.dsnocc.org/resources](http://www.dsnocc.org/resources)