

Resource Guide For Onslow County



Onslow County
Partnership for Children

Together We Build Brighter Futures

Onslow County Partnership for Children

900 Dennis Road
Jacksonville, NC 28546
910.938.0336

www.onslowkids.org

2017

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The Resource Guide is provided to you from information submitted through the registration process. Any information in the guide was obtained from the presenters. If you have any questions regarding certain programs or the information listed in the guide, please contact the agency directly.

A & B Tutoring Solutions
1099 Gum Branch Road
Jacksonville, NC 28546
www.abtutoringsolutions.com.wordpress.com
910.333.8518

Eligibility Requirements: No income requirement. Serves all children ages 5 and over.

Summary of the Program: A & B Tutoring Solutions specializes in helping children reach their full potential no matter their challenges. 1 in 5 students are struggling with a learning disability; ADHD, ADD, dyslexia, and others and our children are not specifically tested for learning differences in our public school system. If your child is having difficulty reading, writing, or math, there are specific approaches that are designed to target their challenges with proven success. We use multi-sensory, research-based techniques such as Barton and "Orton-Gillingham" that have been proven successful. We have found when you teach to the senses, not only will your child retain the information long term, they will have fun doing it. Affordable tutoring and no registration fees!

- Specialized one-on-one tutoring: Kindergarten readiness – middle school
- After school tutoring (travel tutoring)
- FREE Resource Library with multi-sensory materials, DVDs, and games
- Co-Op homeschool classroom space
- Screenings-a calculated tool to see if our methods will be helpful for your child

Intake/Application Process: Students do not have to have a qualifying diagnosis to use our services. The first tutoring appointment is a screening to see if our Barton Reading method will be appropriate for your child. We do also tutor in other areas but use the same principles and teach using sensory methods. Any paperwork can be filled out while your child is getting screened. We ask that you bring any handwriting samples or previous school work to the first appointment. If your child does have an IEP, please bring a copy to the first appointment so we can build a learning plan that can co-exist. We do not make a diagnosis. We can refer you to places that do testing for learning disabilities.

Blank Canvas Awareness Art
1099 Gum Branch Road
Jacksonville, NC 28546
www.blankcanvasawarenessart.com
910.333.8518

Eligibility Requirements: No income requirement. Services are for anyone over the age of 5.

Summary of the Program: The mission is to create colorful solutions for Dyslexia and ADD/ADHD through educating, advocating, mentoring, and building self-esteem. We specialize in helping children reach their full potential regardless of their challenges. We use art as a platform to assist with helping children find their strengths and to teach others about Dyslexia and ADD/ADHD. If you are looking for training for your staff, we are able to train staff about dyslexia.

- Advocate services
- Community Awareness Art Shows
- Professional Development Trainings
- Empowerment Camp
- Parent Trainings to assist with homework
-

Intake/Application Process: There is not an application process. If you are interested in training, please contact Donna Gargett to develop specifically tailored trainings for your staff.

Brynn Marr Hospital
192 Village Drive
Jacksonville, NC 28546
www.brynnmarr.org
910.577.1900/1400

Eligibility Requirements:

- Inpatient Psychiatric Treatment Services: Ages 4 - 12 (Child), Ages 12 - 17 (Adolescent), Ages 18+ (Adult)
- Psychiatric Residential Treatment Facility: Ages 12-17 (Gender specific female unit)
- Active Duty Dual Diagnosis Program: Active Duty member in any military branch

All private insurances are accepted (Tricare, BCBS, Aetna, UBH, Cigna, etc.), Medicaid ages 4-21

Summary of Program: Brynn Marr Hospital offers a short-term crisis assessment and treatment program that assists patients who are experiencing acute symptoms due to a mental illness. Patients of Brynn Marr Hospital are a part of a highly structured, safe environment, and it is our goal to provide true quality care for our patients. If admission is appropriate individuals will receive psychiatric assessment and evaluation to begin the treatment process. Therapy focusing on the unique needs of each patient through person-centered planning are primarily group based utilizing clinical evidence based models. Family involvement is highly encouraged throughout the treatment plan with family engagement designed to improve family dynamics and communication is done in conjunction with nursing focusing on medication and nutritional education. Brynn Marr also utilizes yoga, recreational therapy, pet therapy, and makes use of the facilities 9 outdoor courtyards for age appropriate recreation. Our Care Coordinators work from the date of admission through discharge to develop a community based aftercare plan.

- Active Duty Dual Diagnosis Program: Brynn Marr Hospital offers a Dual Diagnosis inpatient program for active duty service members with a primary substance use disorder and a co-occurring mental health diagnosis, which may be related to deployment, the demands of military service, or other life stressors.
- Passages Program: Psychiatric residential treatment facility located in Brynn Marr Hospital for girls, ages 12 – 17, who are exhibiting problematic behaviors associated with a psychiatric diagnosis and who are not currently able to live in a family situation or other community-based group home environment due to the severity of their behavioral problems and potential to harm themselves or others. This program offers a fully accredited school which programs 5 days a week and allows individuals to complete their education through the high school level.

ADMISSIONS: Brynn Marr Hospital accepts referrals (voluntary and involuntary) from mental health providers, families, physicians, hospitals and managed care providers 24/7/365. Call 910-577-1900 or visit our website at www.brynnmarr.org

Child Advocacy Center
900 Dennis Road
Jacksonville, NC 28546
www.onslowkids.org
910.353.5000

Eligibility Requirements: The CAC serves children from birth through 17 years of age who have been sexually and/or physically abused. Children served must have an open investigation with Child Protective Services and/or Law Enforcement.

Summary of Program: The Child Advocacy Center evaluates all local children who are victims of sexual and/or physical abuse. Child Protective Services and Law Enforcement refer children to the CAC which is a child-friendly, neutral facility where children receive comprehensive evaluations consisting of specialized forensic interviews and medical exams, advocacy and links to community resources and mental health providers along with case review. The case investigators are onsite throughout the evaluation working collaboratively as a team with the CAC staff which ensures that children are not subjected to multiple interviews. Everyone involved with the child's case is on the same page and it streamlines information and avoids duplication of efforts which ultimately saves time and tax payer dollars. The goal of the Child Advocacy Center is to ensure that children are healthy and safe. An additional benefit is that the successful prosecution rate in Onslow County for child sexual abuse cases has increased to 93%!

Intake/Application Process: Child Protective Services and Law Enforcement are the only sources of referral to the CAC. They must have an open case for child sexual and physical abuse. They call the CAC to schedule the appointments and they are required to be onsite with the child/family during evaluation.

Child Support Enforcement

201 Parkwood Drive
Jacksonville, NC 28546

www.onslowcountycss.com

910.938.3563 or 910.939.7001 Community Liaison

Eligibility Requirements: For more information please visit the website.

Summary of Program: We provide 5 core services to include locate of non-custodial parents, the establishment of paternity, child support court orders, enforcement of child support court orders, and the collection and distribution of child support payments for public assistance and non-public assistance customers.

Intake/Application Process: Customers may complete the application at our office or they can access the application online at the website. Once the application has been completed, submitted, and applicable fees have been paid, an appointment will be scheduled to begin the process.

City of Jacksonville Community Development Division

PO Box 128

Jacksonville, NC 28541

www.ci.jacksonville.nc.us

910.938.5269

Eligibility Requirements: In order to qualify for the programs offered by the Community Development Division the applicant must earn less than 80% of the area's median income based on the household size to include all forms off assistance including but not limited to Social Security benefits, child support, and alimony.

Summary of Program:

- *Residential Rehabilitation:* The residential owner must sign a housing rehabilitation agreement, loan document, and meet HUD's household income requirements. The residential owner may be eligible for grants, forgivable loans, and/or low-interest loans. The rate of the loan is based on income levels. The property must be zoned for residential use and have sufficient equity to cover city loans. The property must be in need of structural repairs and/or repairs necessary to comply with city codes.
- *Down Payment Assistance:* Community Development, in conjunction with local lenders and real estate professionals offers homebuyer's education sources held every other month. This course includes topics that cover USDA programs, preparing for home ownership, obtaining a mortgage, credit & financial planning, shopping for a home, home inspections, foreclosure prevention, home maintenance, fair housing and more.

Intake/Application Process: Applications can be found online on the website and can be mailed to interested homeowners by calling 910.938.5286

CG Counseling and Consulting

201 New Bridge Street
Jacksonville, NC 28540

www.cgcounseling.com

910.934.7042

Eligibility Requirements: Minimum age is 3 years old up through adults. Agency accepts most commercial insurances such as TriCare, BCBS, Military OneSource, Aetna, and EAP. Also offers self-pay options on a sliding scale.

Summary of Program: CG Counseling and Consulting offers mental health counseling for individuals, couples, and families. We have a few groups for children, parenting, and mindfulness. We are also in the process of being certified in Cognitive Processing Therapy (CPT), which was created for treating PTSD in adults and Cognitive Behavioral Therapy (TF-CBT), which was created for treating sexual trauma in children and teens.

Application Process: Please call for more information regarding appointments and insurance.



Coastal Carolina Community College
444 Western Boulevard
Jacksonville, NC 28546
www.coastalcarolina.edu
910.938.6259/6826

Eligibility Requirements: Adults 18 and over or minors ages 16.17 with an approved minor applicant form.

Summary of Program: Starting college, changing careers, or fulfilling requirements to enter the workforce can be exciting and rewarding when students are equipped with the tools for success. The Adult Education Program at CCCC offers three comprehensive programs that are designed to help students at various levels gain the basic skills they need to become career and college ready.

- Adult Basic Education (ABE)
- Adult Secondary Education (ASE)
- English as a Second Language (ESL)

Adults and qualifying minors (ages 16 or 17) may enroll in any of these programs. Qualifying minors must complete the "Petition for the Admissions of a Minor Applicant" form. ABE and high school equivalency classes are offered through managed enrollment for all on-campus classes. Classes and labs are provided at no cost both on and off campus.

Intake/Application Process: New students are encouraged to register and attend the Orientation for Personal Educational Needs (OPEN) to reserve their seat in a class. Skill assessments are required for registration and are provided during OPEN orientation. Pre-registration is completed on campus Monday-Wednesday, 7:30 a.m. – 7:00 p.m., in the Academic Studies Center located in the Kenneth B. Hurst Continuing Education Building, room 200. No appointment is necessary; but a government-issued photo ID is required. For more information, please call 910.938.6259 or email BasicSkills@coastalcarolina.edu.

Workforce Innovation and Opportunity Act (WIOA) at CCCC

Eligibility Requirements: Out of school youth and adults 18 years or older seeking employment.

Summary of the Program: is a federally funded program through the Department of Labor designed to assist youth and adults in transitioning to employment. It can help pay for tuition, books, uniforms, exam fees, and various training related expenses for occupational training from approved providers. The training must be able to be completed within two years. Approved occupations and providers are based on the area labor market and training providers' performance indicators.

Intake/Application Process: Applications for both youth and adults are available in room 109 of the continuing education building at CCCC. Requirements for eligibility vary by situation and program. Eligibility verification is required. Complete applications are forwarded to the appropriate case managers, who meet with the applicant to determine eligibility and develop an action plan to meet participant's goals.

Coastal Carolina Neuropsychiatric Center
201 Tarpon Trail
Jacksonville, NC 28546
<http://coastalcarolinapsych.com/>
910.938.1114

Eligibility Requirements: CCNC serves individuals of all ages and income levels. CCNC currently has offices in Jacksonville, Morehead City, and Fayetteville.

Summary of the Program: CCNC provides an array of mental health services in a person-centered environment. CCNC provides assessments, diagnostics, treatment planning, and medication management for individuals, families, and group counseling. CCNC also offers psychological testing as well as education and support.



Intake/Application Process: To schedule a new patient appointment, call the main number and select option 2. The caller should be the parent, patient, or legal guardian of the patient or a medical provider. At the time of the call, the caller should be prepared to give full name, date of birth, address, phone number, and insurance information (policy holder name, date of birth, and social security number). The legal guardian must be present at the initial appointment. Please bring a valid picture ID, current insurance card, and co-payment. New patient paperwork may be completed in the office prior to the appointment time or may be downloaded from our website for client's convenience.

Coastal Horizons Center
615 Shipyard Blvd
Wilmington, NC 28412 (Main Campus)
515 New Bridge Street
Jacksonville, NC 28540 (By appointment only)
www.coastalhorizons.org
910.202.3155
910.202.5772 Fax

Eligibility Requirements: Eligibility differs for each service provided. Please call and speak with a team member in order to best determine the needs of the child, adolescent, or family.

Summary of the Program:

- Intensive In-Home Services: Coastal Horizons utilizes a team approach designed to address the identified needs of children and adolescents, who due to serious and chronic symptoms of emotional behavioral, and/or substance abuse disorders, are unstable in the home and community without intensive interventions.
- Intensive Family Preservation Services: Coastal Horizons Center's Intensive Family Preservation Services is a short term, intensive (4-6 weeks) therapeutic family approach intended to empower and equip families with the resources and skills necessary to maintain in-home placement for youth ages birth – 17 years. Families will be referred primarily by DSS for families at a high risk of children being displaced from their home or future abuse or neglect.

Intake/Application Process: If families are interested in services they can contact the Coastal Horizons Community Based services office and request services. Additionally, our referral forms can be located on our website, via the services tab specifically listed under Family Preservation and faxed to 910.202.5772.

Community Care of the Lower Cape Fear
200 Valencia Drive
Jacksonville, NC 28546
www.carelcf.org
910.955.0181

Eligibility Requirements: Medicaid clients who are pediatrics or adults.

Summary of Program: CCLCF care managers provide services to high-risk patients to improve self-management of chronic health conditions. Our goal is to improve health outcomes and quality of life for our patients while reducing care costs in the communities we serve.

Intake/Application Process: No required documents. Phone call with referral from community partner, family member, or patient.

East Carolina Human Services Agency, Inc.
1201 Hargett Street, Suite B
Jacksonville, NC 28540
echsainc.com
910.347.2151

Eligibility Requirements: Call for specific program eligibility requirements.



Summary of the Program:

- **Eastern Carolina Human Services Agency, Inc.** is a private, nonprofit Community Action Agency and a member of the North Carolina Community Action Association. ECHSA, Inc. provides services to low-income, military and veterans' families in multiple counties in Eastern North Carolina through the following programs:
- **Section 8 Housing-** Administering a Housing Choice Voucher program, which offers HUD-subsidized housing options to low income families, a Mainstream housing program for persons with disabilities, a Homeownership program which offers incentives to low income families aspiring to purchase their own home, and a Family Unification program designed to offer housing options that keep families intact.
- **Community Services Block Grant-** Through comprehensive case management services, the CSBG program engages with individuals seeking to become self-sufficient. Assistance offered to participants includes employment support/job placement, child care, educational training, personal development, rent and utility deposits or assistance, standard housing placement, medical assistance, fuel assistance, transportation assistance, and financial management.
- **NCServes Coastal-** NCServes Coastal Coordination Center at ECHSA coordinates services, resources, and care for service members, veterans and their families. NCServes-Coastal fosters a collaboration of service providers across 20 counties. NCServes Coastal utilizes a shared software platform that connects all participating providers together in order to make accurate and timely referrals. Families are provided with an opportunity to identify and connect with a wide variety of resources to assist them in receiving the services they need and deserve. Individuals can Access the NCServes- Coastal network through a network provider, contacting the Coordination Center at 1-800-435-1838, or by visiting NCServes.org
- **ECHSA, Inc. Childcare Center-** Center is a 5-star daycare service provider that delivers outstanding services for low-income and other families in the community. The Center is operated as a non-profit enterprise which allows the rates to be lower, compared to other centers. Part of the fees maybe subsidized if the family meets income guidelines. All Staff has post-secondary education/training in child development. To reach our daycare center please dial (910)938-6096.

Intake/Application Process: Interested persons can learn more about our programs and apply for our programs in person at one of our locations, online at echsainc.com or by contacting us by phone at 910.347.2151.

Easter Seals UCP-Child First

2801 Neuse Boulevard
New Bern, NC 28562

www.eastersealsucp.com

252.636.6007 ext. 1362

252.636.3732 Fax

Eligibility Requirements: Pregnant women or Children 0-5 years and 11 months in which the child is showing difficult behaviors or delays in their development or learning. Married, partner, or single-parent families with many stressors (such as homelessness, drug use, domestic violence, poverty, school behaviors or involvement in the child welfare system). We bill all insurances. If a family has no insurance, we work with Trillium to attain state funding for services.

Summary of Program: The goal of Child First is to reach the most vulnerable young children and families at the earliest possible time and to intervene in the home to prevent and heal emotional and behavioral disturbances, developmental and learning problems and abuse and neglect. This is an evidenced-based approach that utilizes Child Parent Psychotherapy (CPP) as the model. Child First uses a two-pronged approach with a family resource partner who will decrease toxic stress by connecting children and families to needed community-based services and support. A Licensed Clinician will facilitate the development of a responsive, nurturing parent-child relationship that can protect the developing brain. We bill all insurances (Medicaid, IPRS, and private insurance). If a client is uninsured we will work with trillium (MCO) to obtain state funding for the service. Treatment lasts 6 months to a year average with the two person team in the home at least once week for an hour. The goals include: to support and strengthen the relationship, using the relationship as a vehicle for restoring the child's sense of safety, attachment, and appropriate affect to improve the child's cognitive, behavioral, and social functioning. Over the course of treatment, the caregiver and child are guided to create a joint narrative of the psychological traumatic event and identify and address traumatic triggers that generate dysregulated behaviors and affect. Some of the Child First interventions include: play, unstructured developmental guidance, modeling, emotional support, case management supports, crisis intervention, and linking past to present.

Intake/Application Process: A referral form can be accessed by contacting Easter Seals UCP at 252.636.6007 ext. 1362. The form can be emailed, faxed, called in or handwritten. Anyone can fill out the referral form or refer an individual (Guardian signature required). The form can be emailed or faxed to Lisa.Nelson@eastersealsucp.com, (Fax) 252.636.3732. Once the referral is received we will contact the referral source within 24 hours.

Educational and Developmental Intervention Services (EDIS)

100 Brewster Boulevard
Naval Hospital 200
Camp Lejeune, NC 28547
910.450.4127

Eligibility Requirements: Children birth to 36 months who live in base housing or have a 90 day housing letter. They must have a 20% delay in two or more areas of development or a 25% delay in one area of development OR have a biological risk for a developmental delay.

Summary of Program: Developmental screenings are conducted in the home and developmental evaluations if recommended based on the results of the screening. Staff members come into the home to conduct the screenings and evaluations and provide services if eligible. If a child is found eligible, an Individualized Family Service Plan (IFSP) is collaboratively developed with the parents to determine outcomes to be focused on and services from EDIS to help the family and child to achieve the decided upon outcomes. Services are typically provided in the home but can also be provided at a day care center or other areas in the community if that are appropriate. Providers include early childhood special educators, physical therapist, occupational therapist, speech/language pathologist and a community nurse. The staff work with the child with the primary focus being on collaborating with the parents and other caregivers on strategies they can incorporate into the child/family daily routines and activities. Service coordination services are also provided to assist the family in accessing resources. All services provided by EDIS are at no cost to the parents/sponsor and do not have to go through TRICARE or any other funding/ insurance source.

Intake/Application Process: Anyone who has a child between the ages of birth and 36 months who lives in base housing or has a 90 day housing letter from base housing who have concerns about their child's development can call the number listed for EDIS to make a referral. Referrals can also be made by the child's physician or other provider. If a representative from any other agency calls to make a referral and provides contact information, an EDIS staff member will contact the family to explain the process and services and ask the parent/ caregiver if they are interested in going through the initial screening/intake process. Initial contacts with parents happen in less than 7 days and if a child goes through the complete screening, evaluation and eligibility process, and is found eligible for services, the final Individualized Family Service Plan is developed within 45 calendar days from the date of the initial referral.

Family Endeavors

2970 Henderson Drive
Jacksonville, NC 28546
www.familyendeavors.org
910.459.4320

Eligibility Requirements:

- Literally Homeless
 - Must be a veteran with a release other than dishonorable. The period of services must include service in active duty for purposes other than training.
 - Served on Active Duty at least one day beyond basic training
 - Reserve time does not count unless called under Presidential Order AND completed service time
 - National Guard unless activated to another state
 - Eligible for VA benefits
 - Must meet low income standards under 50% AMI
- Prevention
 - Same as above but additional screening is administered to determine "Literal Homelessness" eligibility
 - Veterans must meet a certain threshold score
 - Must have an eviction notice

Summary of Program: The SSVF Program is a 90 day Case Management program focused on housing stability. Our goal is to assist Veteran's with working on action steps that will help them sustain housing. Case Manager's develop a Housing Stability

Plan with the Veteran to work on goals and action steps. Case Manager assistance may consist of discussions with landlords, temporary financial assistance, and/or helping Veteran's obtain resources and/or benefits needed to increase income and address individual situations. We operate with a focus on shared cost, which means Veteran's may be asked to determine what portion of their financial obligations they are able to pay. We may also work with other community agencies to help share the cost. Financial assistance, if approved, is short-term and limited. Again, the goal is to help Veteran's establish a plan to address their current housing situation and help them focus on sustaining housing once exited from the program.

Intake/Application Process: There is no application with our services. We receive referrals from other agencies and organizations as well as the Veteran can contact our office directly. We begin with a screening tool to determine eligibility which can be done over the phone. If determined to be eligible the following documentation is needed before an appointment can be scheduled with our Intake/Outreach Worker II to complete initial intake paperwork. The case cannot move forward until we have all these documents!

- DD214
- Current Lease/Eviction Notice (if applicable)
- Social Security Cards (for all persons in the home)
- Picture ID (for all adults in the home)
- Verification of Income (for entire household which includes VA disability pay, SSI, SSDI, TANF, Child Support, Earned Income, Alimony, GI Bill Housing Stipend, Unemployment, and other assets)

The Intake/Outreach Worker will forward the Initial Intake to management for enrollment approval. The file will then be forwarded to a Case Manager and initial Case Management paperwork will be completed with the Veteran. The Case Manager will contact landlords and have them complete documents as well as a housing inspection has to be completed. Once all this is completed, Temporary Financial Assistance (TFA) can be requested. Financial Assistance is not guaranteed and we are not an emergency housing program. As you can see, it is a process to be enrolled in our program and it can take up to 30 days to receive assistance. If a Veteran is found to be ineligible for the program, the Outreach staff will give referral information to seek other assistance

Family Readiness Officers

USMC 2d MLG
Camp Lejeune, NC
910.450.6660

Eligibility Requirements: Have a family member or friend that is active duty in the Marine Corps.

Summary of Program: Family Readiness Officers serve as special staff officers within their assigned units as representatives to provide Command Family Readiness Outreach, support, and assistance to the commands, to their military personnel, and their families. The Family Readiness Officers are an official communications link between the families and the command, and act as a resource and information specialist to assist military member and families during times of need.

Intake/Application Process: Military members, spouses, and authorized contacts just need to reach out to their military members Family Readiness Officer.

FOCUS Project

LCH 4012 Butler Drive North
Midway Park, NC 28544
www.focusproject.org
910.450.5635

Eligibility Requirements: Free to Active Duty and their families ages 3 and up.

Summary of Program: FOCUS (Families Over Coming Under Stress) provides resiliency training to military children and families. It teaches practical skills to help families overcome common challenges related to a parent's military services, to communicate and solve problems effectively, and to successfully set goals together and create a shared family story.

Holly Hill Hospital
3019 Falstaff
Raleigh, NC 27610
www.hollyhillhospital.com
919.436.5703

Eligibility Requirements: Children's Hospital – Ages 4-17; Adult Hospital – 18+; Insurance Accepted – Tricare, Medicare, Medicaid until 21, All private insurance including (not limited to) BCBS, Cigna, Aetna, Medcost, UBH.

Summary of Program: Located in Raleigh, Holly Hill Hospital is a dual campus psychiatric and addictive disease health system that offers inpatient crisis stabilization services to patients ages 4 through older adulthood and outpatient partial hospitalization for adults 18 and over. Both campuses have access to a Board Certified Internal Medicine and Pediatrics physician as well as a comprehensive Treatment Team.

- **CHILDREN'S CAMPUS:** Holly Hill Hospital is the largest, private, stand-alone psychiatric hospital for children and teens in North Carolina. Our 60-bed Children's Campus serves patients age 4-17 through our inpatient program: The Phase System. This rewards-based, three step program helps patients identify strengths and develop coping skills. All patients begin on Explore (why am I here?) Patients next move on to Discover (who am I and how does my illness impact my life? What can I change?). Finally, just prior to Graduation/Discharge, patients enter the Connect phase where they employ their coping skills consistently and prepare for life outside Holly Hill. Our Children's programming is highly structured and includes: group therapy; indoor/outdoor recreation therapy; therapeutic art activities; and time each day for homework. Families and support systems are included in the patient's discharge plan and may visit or call regularly (schedule available at HollyHillHospital.com.)
- **ADULT CAMPUS (Inpatient):** Our 168-bed facility delivers individualized care through a group therapy model to patients 18 and older. Holly Hill is the ONLY provider to offer an acute Young Adult Unit (ages 18-26) for individuals living as both a legal adult but with aspects of adolescence. Adult inpatient services also include: Med-Psych Geriatric Services; Medically-Managed Detox; and Acute and General Psych.
- **ADULT CAMPUS (Outpatient):** Holly Hill also offers intensive outpatient programs for adults 18 and older experiencing substance abuse or psychiatric issues. Both programs are held Monday-Friday from 8:45am to 2:45pm. For more information, visit: HollyHillHospital.com

Intake/Application Process: Holly Hill Hospital takes patients on both a voluntary and involuntary basis through direct referrals and walk-ins. Our no cost assessments are available 24/7/365 at both campuses (Children's & Adult.) During the assessment, patients will meet with a nurse and admissions clinician to discuss their medical history and presenting symptoms. Appointments are recommended, but not necessary, as they may reduce wait times. For more information, please call 800.447.1800 or visit us online at HollyHillHospital.com.

Integrated Family Services
3383 Henderson Drive
Jacksonville, NC 28546
www.integratedfamilyservices.net
910.939.6475 Outpatient Therapy or Medications
866.437.1821 Crisis Services
252.439.0700 Foster Care Services

Eligibility Requirements:

- **Mobile Crisis Management Services (Face-to-Face response):** Any individual that is experiencing a mental health, substance abuse and/or developmental disability crisis within the coverage area (Beaufort, Bertie, Carteret, Chowan, Currituck, Gates, Hertford, Hyde, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Onslow, Tyrrell and Washington) is eligible for Mobile Crisis Services.
- **Crisis Chat (online services):** Offers online emotional support, crisis intervention, and suicide prevention services to individuals within the Trillium Health Resources LME/MCO catchment area (Beaufort, Bertie, Brunswick, Camden, Carteret, Craven, Chowan, Currituck, Dare, Gates, Hertford, Hyde, Jones, Martin, New Hanover, Northampton, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Onslow, Tyrrell and Washington counties).
- **Outpatient Therapy (individual and family):** Any individual having current mental health concerns and/or current mental health diagnosis and who is seeking interventions to assist with increasing levels of functioning in any sector or domain in their life that may be affected by the concerns.
- **Psychiatric Services (Medication Management):** Individuals under the age of 65 suffering from a mental health diagnosis and seeking medication management to alleviate symptoms. Clients will go through a screening/triage

process to determine appropriateness of services and then will be linked with the physician for an assessment to determine any medication(s) needed.

- **Foster Care Services (Therapeutic Foster Care and Intensive Alternative Family Treatment):** A foster parent is required to be at least 21 years of age, submit a number of background checks, successfully complete mandated trainings, able to work with children who have emotional and behavioral needs, able to provide a comfortable and suitable living arrangement, must have personal/reliable/working transportation with a valid driver's license and basic computer skills.

Summary of the Program(s):

- **Mobile Crisis Management Services (face-to-face):** Mobile Crisis Management Services is a 24/7/365 crisis response service that provides face to face response for those in a mental health, substance abuse or developmental disability crisis. Our crisis response team seeks to provide crisis intervention, stabilization and prevention during our duration of time working with our clients. Our teams consist of qualified professionals who respond to the immediate crisis and then follow up with a Licensed Clinical Social Worker, Licensed Clinical Addiction Specialist and/or Developmental Disability specialist to get appropriate recommendations. Mobile Crisis Services is a diversion service that hopes to prevent unnecessary hospitalization and inappropriate arrest. We do this by meeting the client where they are in their natural setting and assisting with community resources to promote stabilization and prevention. If inpatient treatment is deemed necessary, our team will assist with proper linkage to the facility that best suits the client's need and make the transition as comfortable as possible.
- **Crisis Chat Services (online services):** Crisis Chat is for anyone who may be feeling depressed, despairing, going through a hard time, or just needs to talk, including people who are thinking about suicide. Any life issues may be discussed on the Chat program. The crisis chat specialists are here to listen and support you through whatever difficult times you may be facing. The goal of the IFS Crisis Chat service is to help you reduce stress and feel empowered to make healthy decisions. If a chat specialist feels you are in danger they will speak with you about linking with our Mobile Crisis Management team, accessing emergency services, and/or additional contact information to ensure your safety. Crisis Chat does not constitute mental health care or treatment and does not constitute a therapist-client relationship. This service does not substitute for professional health care. Crisis Chat is confidential and easy to use.
- **Outpatient Therapy (individual and group therapy):** Integrated Family Services currently provides individual and family therapy to assist clients with mental, emotional and behavioral needs. Outpatient therapy is also provided through Telemedicine as an option for Clients to receive outpatient therapy services in rural areas where treatment providers are limited. Integrated Family Services is currently providing school based therapy in Bertie, Currituck and Pitt County to help service youth with transportation barriers with getting into the office setting. Integrated Family Service providers engage Clients in a comprehensive clinical assessment to not only determine diagnosis and treatment goals but will coordinate with Psychiatric staff, Primary Care Providers and community supports to ensure that Client is receiving a holistic approach to treatment. Integrated Family Services Providers will also make appropriate referrals to ensure that Clients needs are being met. Integrated Family Services do not dictate treatment modalities of our clinicians, however it is ensured that the clinicians in outpatient therapy receive evidence based practices training. These evidence based practices consist of Seven Challenges; which is a comprehensive counseling program for young people that incorporates work on alcohol and other drug problems. It is designed to motivate youth to evaluate their lives, consider changes they may wish to make, and then succeed in implementing the desired changes. It supports them in taking power over their own lives. Clinicians are also trained in Together Facing The Challenges and Triple P; which are parenting programs to assist them with managing their child's specific behavioral concerns through structured sessions that focus on consequences, positive praise and communication. Integrated Family Services is also in the process of getting their clinicians trained in SITCAP; which stands for Sensory Interventions for Teens, Children and Parents. This evidence based practice assists clients with processing and coping with their trauma through sensory interventions.
- **Psychiatric Services (medication management):** This is the level of outpatient treatment where the sole service rendered by a qualified physician, or others whose scope of practice includes prescribing medication, is the initial evaluation of the patient's need for psychotropic medications, the provision of a prescription, and, as-needed, ongoing medical monitoring/evaluation related to the patient's use of the psychotropic medication. Integrated Family Services is privileged to have an extremely qualified psychiatric team which includes multiple child/adolescent specified psychiatrists. In Onslow and Carteret Counties, psychiatric services are being administered through telemedicine services only at this time. *****Genetic testing is offered for some individuals to determine appropriate medication interaction with the person's genetic make-up.***
- **Foster Care Services (Therapeutic foster care and Intensive Alternative Family Treatment):** 24 hour service provided in a licensed foster home (family setting) that supports the consumer acquiring skills necessary to transition to

a lower level of care. The provider is not necessarily awake during sleep time but must be continually available to respond to the child's needs, while beneficiaries are involved in educational, vocational and/or other activities, except for periods of planned respite.

- **Therapeutic Foster Care:** Offers additional support for foster families and youth to manage social, emotional and educational concerns through the use of a Treatment Plan to address complex trauma of abuse, neglect and dysfunctional home lives.
- **Intensive Alternative Family Treatment:** Provides an intensive service utilizing highly trained treatment parents. The focus is on providing a higher level of treatment through the IAFT elements to support success within a family and community system. IAFT is a less restrictive option than group settings. It is a transitional option as children re-enter communities after institutionalized treatment models.

Intake or Application Process:

- **Mobile Crisis Management Services (Face-to-Face response):** For mobile crisis response, please contact 1866-437-1821 where a live screener will triage the call, gather needed information and determine the appropriateness of the call. Once deemed appropriate, the screener will dispatch a mobile crisis worker to the scene immediately. State definition allows the worker a maximum of 2 hours to arrive at the crisis however, our goal and standard of operation is to respond immediately and arrive as soon as possible.
- **Crisis Chat (online support):** There is no intake or application process to use Crisis Chat. Crisis Chat can be found on the IFS and Trillium Health Resources website, as well as the QR code that can be found on the chat cards and posters. Once you enter the online chat, you will be asked to fill out a brief registration form before you are linked with a chat specialist. You are able to chat anonymously if you wish.
- **Outpatient Therapy (Individual and Family):** For Outpatient Therapy please contact the local office to make an appointment (Onslow County: 910-939-6479 or Carteret County 252.648.7850). Clients will go through a quick screening and triage process to ensure that clients are linked with appropriate services.
- **Psychiatric Services (Medication Management):** For Psychiatric/Medication Management services please contact the local office to make an appointment (Onslow County: 910-939-6479 or Carteret County 252.648.7850). Clients will go through a quick screening and triage process to ensure that clients are linked with appropriate services
- **Foster Care Services (Therapeutic Foster Care and Intensive Alternative Family Treatment):** Call Kenyada Maye at (252) 439-0700 or email kmaye@integratedfamilyservices.net with foster care referrals or inquiries about becoming a licensed foster parent.

Jacksonville Recreation and Parks

P.O. Box 128

Jacksonville, NC 28541

www.jacksonvillenc.gov

910.938.5312

Eligibility Requirements: All ages and abilities are eligible. We are a public entity and open to everyone.

Summary of Program: We provide a variety of recreational programs and activities for all citizens.

- Youth Programs: After school and summer programs.
- Athletic programs: Youth and adult athletic leagues and programs.
- Special events and classes: Fitness classes to festivals and movies.
- Senior Programs: Senior center programs and activities.

Intake/Application Process: Call or come to the office, provide proof of residency and register and/or pay for any associated cost. Documents provide residency and can be anything: bill, check, ID, etc.

Jacksonville Vet Center
110-A Branchwood Drive
Jacksonville, NC 28546
www.vetcenter.va.gov
910.577.1100

Eligibility Requirements: Combat Veterans, Active Duty Military and their families, Victims of Military Sexual Trauma, and Bereavement Counseling.

Summary of Program: The Vet Center provides a wide range of services to Combat Veterans and Active Duty personnel and their families in an effort to make a satisfying transition from military to civilian life. Services include individual, group, marital and family, and bereavement counseling. The Vet Center will also assist with referrals for Veterans benefits, employment counseling, substance abuse and educational guidance, as well as referrals to community resources, outreach and community education. Vet Centers are part of the Department of Veterans Affairs and there is no cost. Veterans do not have to be enrolled in VA Health Care or be receiving compensation to use the Vet Center.

Application Process: Veterans can call for an appointment, but the preferred method is to come to the office and complete a Veteran Information Form to set up an appointment for intake and counseling services. The only document required is a copy of the DD-214 (Copy 4) if a Veteran. If you are active duty, your active duty card will count.

Marine Corps Family Team Building
Midway Park, Camp Lejeune
www.mccslejeune-newriver.com
910.451.4384

Eligibility Requirements: Military ID or DOD Cardholders, base access, age 18 or older (volunteering at age 16).

Summary of Program: Marine Corps Family Team Building (MCFTB) provides educational resources and services to foster Marine Corps Family Team offers Workshops, Training and Briefs, serving the military Family with Programs in the following areas:

- Readiness and Deployment Support
- Family Readiness Program Training
- Life Skills Training
- L.I.N.K.S.
- And Volunteer Coordination.

Intake/Application Process: Contact Kelly Kline @ 910.451.9481 or Wanda Hamlett @ 910.450.1469

May Institute
102 Elizabeth Street, Suite C
Jacksonville, NC 28540
www.mayinstitute.org
910.333.0814

Eligibility Requirements: A diagnosis of Autism Spectrum Disorder

Summary of the Program: The May Center for Autism Spectrum Disorder, based in Jacksonville, N.C., offers comprehensive behavioral services to children with ASD and their families, private agencies, and public schools in Jacksonville, Wilmington, and surrounding areas. The Center also provides services to military families stationed in Camp Lejeune, and the New River catchment area. Working closely with the families we serve, our behavior specialists use developmentally appropriate practices based on applied behavior analysis (ABA), the methodology universally recognized as critical for teaching children with a diagnosis of autism spectrum disorder (ASD) or other behavioral or developmental disabilities. Our state-of-the-art programming addresses all areas of a child's development including language, peer interactions, and behavior.

Intake/Application Process: To receive an application for services please contact Angelique Gurley at agurley@mayinstitute.org. After submitting an application we will work with your insurance company to determine coverage and will get services pending eligibility as soon as we have an available therapist.

MCCS: Exceptional Family Member Program

112 Bancroft Street
MCAS New River
LCH 4014D
Midway Park, NC

www.mccslejeune-newriver.com/EFMP

910.449.5251

910.451.4394

Eligibility Requirements: An EFM is a family member enrolled in DEERS and MCTFS, who may require special medical or educational services based upon a physical, intellectual, educational, or emotional need.

Summary of Program: EFMP assists Marine families in managing the dual demands of a Marine Corps career and the special needs of a family member. The purpose of EFMP is to assist headquarters with assignment coordination to ensure that families enrolled in the program are stationed at a duty location that is able to provide special services for the exceptional family member.

Intake/Application Process: EFMP is a mandatory enrollment program for all active duty personnel. Enrollment forms are available at both offices and on the website at www.mccslejeune-newriver.com/EFMP. The dd2792 medical summary is completed by a medical professional. The dd2792-1 Special Education/Early Intervention Summary for children is completed by the early intervention agency or school.

MCCS: Family Advocacy Program- Prevention and Education

Building 797
Camp Lejeune, NC

www.mccslejeune-newriver.com

910.451.3536

Eligibility Requirements: Adults who are an eligible retiree, active duty, or an active duty family member with a military ID card.

Summary of Program: Camp Lejeune- New River Lifestyle Enrichment and Development (L.E.A.D.) program is a series of evidence-based prevention and counseling services designed to help Marines, Sailors, and their families aboard MCAS New River improve their own lives and enhance their family and professional relationships. Currently, FAP offers the following classes:

- **GOT YOUR BACK** – This group is an experiential learning process that builds self-awareness, promotes mindful choices, emphasizes relationship skills, and encourages participants to value themselves as word citizens. It focuses on workable practical skills that improve the chances of success in attaining your goals. People who participate in *GOT YOUR BACK* should see real benefits in many areas of their lives.
- **ANGER MANAGEMENT FOR THE 21ST CENTURY** - This group covers core anger management skills in eight two-hour sessions over a four week period. Anger is a universal emotion experienced by all humans. Uncontrolled anger is a factor in conflicts, domestic violence, driving violations and school and workplace disruption often leading to involvement in the legal system. This is an educational skill-building group designed to help participants learn to control their anger before it controls them. This is an open group so participants can begin at any session; all sessions must be attended for participants to receive a certificate of completion.
- **COPING WITH WORK AND FAMILY STRESS** - A one day condensed or a 12-session curriculum, over 6 weeks in 2 hour sessions. Stressful situations, if not dealt with effectively, can contribute to depression, anxiety, substance abuse and physical health problems. The goal of this group is to help members reduce their stress levels by teaching healthy coping strategies and increase support from peers and leaders. Each session begins with a relaxation technique and covers topics, such as: assertive communication, nutrition and exercise, and self-monitoring as means to manage stress.
- **GOTTMAN: 7 PRINCIPLES FOR MAKING MARRIAGE WORK** - This one day condensed or 8-10, 2.5 hour session group is designed for married couples to participate in jointly. In each of the sessions, couples will work toward

strengthening their relationships through utilizing John Gottman's principles for effective marriages. This is accomplished through the facilitation of interactive step-by-step exercises that promote increased love, trust and admiration within the marriage.

- **MARRIED & LOVING IT (MALI) –THIS CLASS IS FOR SINGLES ALSO** - This five-session group is designed to highlight the positive aspects of marriage. In each two-hour session of this group, individuals will learn how to improve their significant relationships through identifying communication styles, setting guidelines for establishing a sound financial future, identifying why we get angry, and determining procedures for conflict resolution.
- **POSITIVE PARENTING PROGRAM (TRIPLE P)** - This group consists of three 1.5-hour sessions for the 0 to 12 years age group. The 13 to 17 years group will offer all three classes on one day. The Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. Triple P gives parents simple and practical strategies to help them confidently manage their children's behavior, prevent problems from developing and build strong, healthy relationships.
- **EMOTION COACHING** - In this half day class, parents will learn to help their children develop Emotional Intelligence (EQ) through the use of the 5 Steps of Emotion Coaching: Be aware of your child's emotions; Recognize emotions as an opportunity for connection or teaching; Help your child verbally label emotions; Communicate empathy and understanding; Set limits and problem solve.
- **TWO FAMILIES NOW: EFFECTIVE PARENTING DURING SEPARATION AND DIVORCE-** This half day course is a "resilience resource" designed to strengthen and sustain families going through divorce and separation by offering tools and strategies for moving forward as an individual, parent, co-parent and family.
- **WITHIN MY REACH** - Is a relationship skills and decision making program to help individuals achieve their relationship goals. Based on two fundamental principles: 1) Virtually all people want relationships that are happy, healthy and stable. 2) "Your love life is not neutral." The decisions one makes while "under the influence" of romantic attachment will affect every other aspect of life.
- **NURTURING AMERICA'S MILITARY FAMILIES** - Focuses on the unique aspects of parenting in the military. A one day condensed course or 7 sessions, two hours each, designed to strengthen the resiliency of military families. Sample topics: Staying Connected, Deployment and Separation, Helping Children Cope, Reuniting, Understanding Post Traumatic Stress.
- **NURTURING FATHER'S PROGRAM** – Nurturing isn't just something fathers do, but something that men do. 12 sessions designed to develop or enhance skills necessary for male nurturance. This is a closed group. You must begin at session one. Some topics include: Discipline without Violence, Managing Anger, Building a Team, Balancing Work, and Cultural Influences.

Intake/Application Process: Clients can call to register. For New River, please call 910.449.6440 or 910.449.5245. For Camp Lejeune, please call 910.451.9273.

MCCS: Family Care Program

Building LCH

4012B Butler Drive

Midway Park, NC 28544

www.mccslejeune-newriver.com/marinefamily/

910.450.0553/0554/0555

Eligibility Requirements: All active duty military service members, DoD civilians, wounded warriors, and surviving spouses of military members who died from a combat related incident; DoD contractors, federal employees from non-DoD agencies, and military retirees. Spouse or same sex partners of any of the above.

Summary of Program: School Liaisons can assist with preparing to move to another area or assist with military families who are inbound to our area. They have a wealth of resources that can help families become acquainted with their new location and school options, as well as, answer many questions about what is needed to enroll children in school.

Emergency Child Care is available via arrangement through a Family Readiness Officer or Child Protective Services. This service is provided for military families in crisis. Care is available 24 hours a day for a short period of time to meet an immediate child care need. A criterion for eligibility varies to include medical emergencies and incapacitation of a family member.

Child and Youth Programs are offered for children ages 6 weeks to 12 years of age at various locations across Camp Lejeune and the New River Air Station. Child development centers and school age care programs are nationally accredited. Authorized family child care options are also available. Full-time care fees for CDCs and School Age Care programs are subsidized by the federal government. The amount of subsidy received depends upon total family income.



The Exceptional Family Member Program serves military service members with a family member with a special need with case management, educational support and assignment coordination services. Enrollment is mandated by a Marine Corps Order, as enrollment helps assure Marines are assigned to duty stations where appropriate services are available for their family member.

Intake/Application Process:

School Liaison: 910.449.9915 or 910.449.9749 or you can find them on Facebook under Camp Lejeune School Liaison.

Child and Youth Programs: Call 910.450.0553/54/55

EFMP Enrollment: Call 910.449.4394

Emergency Child Care: CPS workers or Family Readiness Officers call Kelly Faircloth at 910.449.9882. After hours can be arranged by contacting the Officer of the Day.

MCCS: Library

1404 Wet Road

Camp Lejeune, NC

www.mccslejeune-newriver.com/libraries/

910.451.2665

Eligibility Requirements: All authorized DoD cardholders.

Summary of Program: Library contains books, DVDs, video games, and audiobooks. The library also has internet accessible computers, fee-based copiers and fax machines. Users have free access to research databases, free foreign languages classes, and educational and recreational programs for all ages.

Miller-Motte College

1291A Hargett Street

Jacksonville, NC 28540

www.miller-motte.edu

800.705.9182

910. 778.9304

Eligibility Requirements: High school diploma; New high school diploma completion program offered for those without!

Summary of the Program: Miller-Motte College is a career training college committed to providing excellence in training and education that not only ensures our graduates are technically competent on the first day of their job, but also instills in them the capacity to grow in their careers. We offer flexible class schedules, online and hybrid options, and day and night class offerings! Miller-Motte also offers lifetime job placement assistance. The programs include CDL: Class A License Tractor Trailer Training, Cosmetology, Business, and Medical

Intake or Application Process: Interested prospective students can go to our website at www.miller-motte.edu to request information or call 910-778-9304 to speak with an admissions representative today. Walk-ins at the main campus located at 1291A Hargett Street are also welcome!

Navy Marine Corps Relief Society

www.nmcrs.org

910.478.8636

Eligibility Requirements: Any active or retired member of the Navy or USMC or their spouse. Clients must have a current ID card.

Summary of Program: NMCRS serves the military with several different resources. We focus on financial issues, budget counseling, quick assist loans (if you qualify), and financial issues with emergency leave. NMCRS also has nurses on staff. NMCRS has five combat casualty nurses that serve the military, who were wounded in a combat zone, and/or their families. These nurses will help guide them with any questions prior to or after they have been medically discharged. The nursing staff are

not case managers. They also have three traditional nurses that see parents who have just had a new baby. The staff also do home visits in the first couple of weeks after birth, but can see the family for the first year of the child's life. The staff educate families on the first year of life, complete weight checks on the infant, along with appropriate assessments. All nurses are certified lactation counselors and help with breast feeding issues. The last service that NMCRS offers is medical education to the elderly on new medical dx. Staff will also pick up a patient's medicine, if the patient is homebound, from the pharmacy with a patient's permission and copy of their military ID. The staff will complete weekly, bi-weekly, or monthly pill box refills for the patients. The staff do not do hands on care and are not considered to be home health. Staff will not see families who are involved with child protective services or adult protective services unless cleared by the nursing director.

Intake/Application Process: Referrals may be completed by calling one of the following nurses or faxing the information to 910.451.1123. Please be aware that the staff is out of the office frequently and the fax machine is not checked on a daily basis.
Combat Casualty RN's: Sonya Dillard 910.546.0092; Yani Dilag 910.545.4592; Greta Ellison 910.545.9532
Traditional Nurses: Donna Fischer 910.545.2781; Heather Underhill 910.478.8636; Natatia DePaoli 910.467.5984; Donna Todd 910.546.9734; Patty Kotora 252.876.5079 (Office at NRAS)

Onslow Community Outreach

600 Court Street
Jacksonville, NC 28540

www.onslowco.org

910.455.5733

910.381.7839

Christmas Cheer

Eligibility Requirements: There is no age limit for applicants. Income level depends on family size and is determined during processing of applications. Applicants must be a resident of Onslow County.

Summary of Program: Onslow Christmas Cheer helps needy children and their families. The Onslow community wants children to know the magic of Christmas in the demonstration of our gift to them. Christmas Cheer starts in October and runs through the last week of December. Gifts are offered for children up to age 12 and if resources are available to teenagers up to age 17. Food boxes are also provided to the entire household. Single individuals may also qualify for food boxes, (i.e. senior citizens, handicapped adults, etc.).

Intake/Application Process: To apply clients must come to the designated Christmas Cheer building located at **1210 Hargett Street** and fill out an application (in person). Required documents:

- Picture ID for head of household/person applying (Immigrant Visa can be used)
- Social security cards for everyone in the household (Tax ID # for immigrants)
- Piece of mail or lease to prove residence
- Proof of income for any household member that is employed
- Electric bill

If grandparent is applying for assistance for grandchildren they must prove legal guardianship. Once application is filled out completely and verified, it will be processed. There is nothing more for the client to do but wait to hear from us. In December, the client will receive a card in the mail at the address provided on the application, telling them their pick up date and time.

Soup Kitchen

Eligibility Requirements: To be eligible for our programs you must be a resident of Onslow County.

Summary of the Program: The soup kitchen serves lunch Monday through Friday from 11:00 a.m. to 12:00 p.m. at the 600 Court Street and delivers meals on two routes. In addition, the Soup Kitchen directly distributes bulk food and supplies for six community food pantries. The second Monday of every month we open a food bank at 1210 Hargett Street at 12:00 p.m.

Homeless Shelter

Summary of the Program: The Homeless Shelter is a temporary, emergency housing program. It operates seven days a week from 5:00 p.m. to 7:00 a.m. Sunday – Thursday and 6:00 p.m. to 8:00 a.m. Friday and Saturday. The Shelter is located at 600 Court Street. Office: 910-347-3227

Caring Community Clinic

Summary of the Program: The Caring Community Clinic provides non-urgent primary care, pharmacy vouchers, and access to prescription assistance. They are open 5 days a week to help uninsured and low income residents of Onslow County. The Clinic is located at 200 Doctor’s Drive Suite M. Office: 910-346-6149

Onslow County Career Center- Veteran’s Unit

461 Western Boulevard Suite 106
Jacksonville, NC
www.ncworks.gov
910.347.2121 ext. 208

Eligibility Requirements: Please call for more information regarding eligibility and program description.

Onslow County Department of Social Services

1915 Onslow Drive Extension
PO Box 1379
Jacksonville, NC 28540
www.onslowcountync.gov/DSS
910.989.0230 910.455.4145
CPS Intake: 910.219.1955 Fax: 910.219.4983

Summary of Program: The Department of Social Services assists Onslow County’s citizens in meeting their basic daily living needs through financial, nutritional, and medical assistance. The department promotes the well-being of citizens through social work services to strengthen families, protective services to prevent or remedy abuse, neglect or exploitation of vulnerable children and disable or elderly adults. The Economic Services Division consists of Medicaid Programs, Food and Nutrition Services, Work First Employment Services, Work First Family Assistance, Program Integrity, and Emergency Assistance. To find more information regarding the programs, visit the website. To make a report of **child abuse, neglect, or dependency** please call the number listed above. Once a report is made an investigator will assess the allegation. If you are trying to make a report after hours on weekdays, weekends, or holidays, call 910.455.3113 and ask to speak with the on-call Emergency Duty Social Worker.

Onslow County Health Department

612 College Street
Jacksonville, NC 28540
www.onslowcountync.gov/health
910.989.3966

Eligibility Requirements: The Health Department serves everyone in the community from newborns to senior citizens. Some services are provided at no cost and insurance can be filed for those with cost associated. Fees for those who are uninsured are determined on a sliding scale based on income.

Summary of Programs: The Onslow County Health Department is dedicated to optimizing the health and well-being of the citizens of Onslow County through assessment of public health needs, development of programming to address those needs and assurance that the needs of the community are met.

Available Programs include:

- Family Planning
- Testing and Treatment of STD, HIV, TB and other communicable diseases
- Immunizations
- International Travel Clinic
- Child Physicals
- Teen Services
- Women’s Health Services
- Pregnancy Care Management
- Care Coordination for Children
- Nutritional Counseling
- Emergency Preparedness
- Health Promotion, Education, and Community Outreach
- Diabetes Prevention and Diabetes Self-Management Education



Intake/Application Process: To schedule an appointment with the Health Department, please call 910.347.2154 option 2. The health department hours are Monday, Tuesday, Wednesday and Friday from 8a-5p. Thursday's from 8a –8p. The patient registration form and other applicable forms and documents can be found in the clinic forms and documents section of the website.

Onslow County Partnership for Children

900 Dennis Road
Jacksonville, NC 28546

www.onslowkids.org

910.938.0336

Eligibility Requirements: OCPC has several programs that have different eligibility requirements. For more information regarding specific programs, visit the website.

Summary of Programs: OCPC has multiple programs. The largest programs are listed below.

- **Child Care Subsidy Program:** An income based program to support parents who need assistance paying for child care. Parents must be working or in school to be eligible. Intake information is located on our website .Applications are taken at the main office location only.

OCPC Programs Located at 103 North Plain Road

- **Early Head Start:** An income based home visiting program for pregnant and parenting families with children under the age of three. EHS is a federally funded, community-based program which provides services in the home. The program provides a wide-range of high quality services. Services to children include: health and developmental screenings, assistance with physicals and well-baby checks, home visits using research based curriculum, and educational activities for future school success. Services to families includes: referrals to local agencies for assistance (food, clothing, housing, health, and public benefits), access to resources for job training & education, parent-child play groups, information about child development, and pre/post-partum care and education
- **Incredible Years Basic:** evidence based parent skill building curriculum. The curriculum works on helping parents prepare their children for school while also enhancing social skills. The program offers childcare onsite and a meal at no cost to the parent. Serves ages 2-8.
- **Incredible Years Autism and Speech Delays:** An evidence informed parent skill building curriculum that is specifically designed for children on the autism spectrum or with speech delays. The curriculum addresses emotional regulation, social skills, and communication skills. The program offers childcare onsite and a meal at no cost to the parent. Serves ages 2-8.
- **Triple P:** The positive parenting curriculum is an evidence based program. We offer many options with the Triple P program to include on- on-one sessions for parents needing assistance to figure out solutions for a challenging behavior that their child may be exhibiting. Childcare onsite and a meal are included in the group Triple P program at no cost to the parent. Serves ages 0-5.
- **Circle of Parents:** Circle of Parents is a parent led and professionally facilitated support group for parents with children that have special needs. The support group helps parents to discuss their successes and challenges in the role of being a parent. The group offers information, resources, and community support. Onsite childcare and a meal is provided to group participants at no cost to them. Serves ages 0-8.

OCPC Programs Located at 101 North Plain Road

- **Child Care Resource and Referral:** Offers a free service to helps families find quality child care. We also have a lending library centrally located in Jacksonville with educational toys, resources, and books for community members to check out. OCPC also has a healthy lifestyle specialist who can bring professional development trainings to agencies around healthy eating habits for families. Our healthy lifestyle specialist is also available for community events. Our Play Daze trailer houses fun play equipment for children to use at community supported events.
- **NC Pre-Kindergarten:** Offers 4 year olds a pre-kindergarten education in child care centers. The program is free to qualifying non-military and military families.
- **Smart Start Onslow Three School:** Offers 3 year olds a preschool education in child care centers. The program is free to income eligible families who are working or in school.

Intake/Application Process: Families can apply for all programs or obtain information regarding programs in our office. Intake and application checklists are located on the website for each program.

Onslow County Schools

200 Broadhurst Road
Jacksonville, NC 28540

www.onslowcounty.schoolinsites.com

910.455.2211

Eligibility Requirements: A family with a student in the Onslow County School system.

Summary of the Program:

- **Military Transition Counselors** offer support to military students within the Onslow County School system. The program provides leadership and focus in the following areas: Military and Family Support, Student 2 Student, Junior Student 2 Student, Buddy 2 Buddy. Military Family Life Counselors, Military Student Counseling Support.
- **School Social Workers** work as a liaison between the school and the family. They assist in helping students achieve academic success through effective communication with all stakeholders.

Onslow County Schools Preschool

440 College Street
Jacksonville, NC 28540

www.onslowcounty.schoolinsites.com

910.989.2021

Eligibility Requirements: The students served are 3 and 4 years old. Income verification includes 12 consecutive months. This income includes:

- 2016 Tax Documents (1040 Tax Document, W2, 1099G, 1099R, etc.)
- Paystubs/LES
- Unemployment
- Retirement/Veterans Benefits
- Pell Grants, Scholarships, GI Benefits, etc. (Must provide award letter or 1098T)
- Alimony
- Foster/Kinship Care (Letter from DSS, Foster Care Card, Legal Documentation) No income documentation is required.
- Child Support (for all children in the home, even if none received)

Summary of the Program: The Onslow County Schools Preschool Program is comprised of three funding components:

- **Head Start:** The Head Start program is a federally funded educational, health, and social program designed to work with families who are economically disadvantaged. The students served are 3 and 4 years old August 31st. All students selected for the Head Start program must live in the Onslow County Schools district attendance area. Eligibility is determined using Federal income guidelines. Breakfast and lunch is provided. 2 home visits, and 2 conferences. No lunch from home. * Special diets will be reviewed individually.
- **Title 1:** The Title 1 program is a federally funded educational program for elementary and secondary schools. The students served must be 4 years old on or before August 31st. Each child is administered a developmental screening assessment to determine his/her educational need. Students are selected for the Title I program must live in an Onslow County Schools attendance area. No lunch from home. Maybe a cost for meals. 2 home visits and 2 conferences. * Special diets will be reviewed individually.
- **Exceptional Children Preschool Services:** The Exceptional Children Preschool program serves students who have delays that affect their education. These delays are determined through traditional evaluations and trans-disciplinary play-based assessments. If found eligible, the program serves children in a variety of settings. No lunch from home. Maybe a cost for meals. 2 home visits and 2 conferences. * Special diets will be reviewed individually.

Intake/Application Process: Clients can apply at the Onslow County Preschool Office located on 440 College St. in Jacksonville.

- The preschool program has application available. You can download the application from the Onslow Co. Schools website. (Go to Parent & Students and scrolled down to preschool)
- Bring all documents to Thompsons Early Childhood Center Monday – Thursday (9 am- 3 pm)

Required Documents:

- Parent Picture I.D.
- Certified birth certificate
- Immunization Record
- Current electric or water bills. Utility bills in someone else's name require a Notarized Statement from that person submitted with the most current bill.

Onslow County Senior Services

4024 Richlands Highway
Jacksonville, NC 28546

www.onslowcountync.gov

910.455.2747

Eligibility Requirements: Clients must be at a minimum age between 55 and 60 depending upon the program. Please visit the website for more detailed information regarding different programs.

Summary of Program: Onslow County Senior Services offers a multitude of services designed to meet the unique needs of seniors in our community. Senior Services offers adult day care, home health and hospice, in-home services, meals on wheels, a nutrition site, an Alzheimer's support group, classes, and activities.

Onslow County Youth Services

220 Georgetown Road Suite 200
Jacksonville, NC 28540

www.onslowcountync.gov/youth

910.455.1202

Eligibility Requirements: Youth between the ages of 10-17 who have been adjudicated delinquent and/or undisciplined; youth who have been diverted from court for a delinquent and/or undisciplined act; or youth who have been exhibiting delinquent and/or undisciplined behavior and are at risk for juvenile justice involvement. **Eligibility requirements vary by program. Referrals come from Juvenile Court Counselors, Law Enforcement, and other juvenile serving agencies.

Summary of Programs:

- **Day Services Commitment Program:** Provides intensive social work and other needed services for Level III youth committed to a youth development center and/or Level II youth that are at risk for commitment to a youth development center and their families including alternative education, counseling, residential services, and social/life skills.
- **Juvenile Restitution Program:** Provides a means for youth to perform community service work and earn funds to pay court-ordered damages to their victims. Youth work in the program at community sites and their earnings are credited against their judgment with the Clerk of Court.
- **Promoting Positive Actions:** Provides youth and their families an opportunity to develop and/or enhance skills to make positive choices and reinforce positive actions through a curriculum-based intervention.
- **School Treatment Program:** Serves as an alternative for court/law involved youth who receive 3-10 days of out-of-school suspensions by providing academic skills support, a safe supervised environment, decision making strategies and social skills development to reduce further disruptive school behavior and juvenile court involvement.
- **SHARP:** This program provides intensive community-based adolescent sexual offender evaluation and treatment services to youth who have come to the attention of juvenile court/juvenile court services for a sex offense or illegal sexual activity.
- **Temporary Shelter Services Program:** Provides temporary shelter care placement options, 365 days a year for court and law involved youth as an alternative to the streets, secure detention, and youth development centers.

Onslow Pregnancy Resource Center

3280A Henderson Drive
Jacksonville, NC 28546

www.onslowpregnancyresources.com

910.938.7000

Eligibility Requirements: None.

Summary of Program: Free urine pregnancy tests. Free pregnancy options education. Earn while you learn classes to earn material support for those facing an unplanned pregnancy. Fatherhood program to earn material support for unplanned pregnancy. Post-abortion support program to help women with the after effects of abortion.

Intake/Application Process: Call the main number to make an appointment. You can also make an appointment on the website also. There is no application needed. Clients should bring their ID to their appointment.

Onslow United Transit System (OUTS)

605 New Bridge Street
PO Box 1548
Jacksonville, NC 28541

www.onslowunitedtransit.org

910.346.2998

Eligibility Requirements: Call for specific information.

Summary of Program: OUTS provides transit services to the citizens of Onslow County. Depending upon funding, OUTS provides transit services for the general public throughout Onslow County. OUTS also contracts with Human Services Agencies throughout Onslow County to provide services to their clients.

Intake/Application Process: When clients call OUTS they are asked where they live and what are their transportation needs. Once the questions have been answered OUTS staff will follow up with other questions such as age, mobility needs, income, etc. After review of the intake information, the customer will be notified as to the next steps.

Onslow Women's Center

226 New Bridge Street
Jacksonville, NC 28540

www.onslowwc.org

Administrator Line: 910.238.2941

24 Hour Crisis Line: 910.347.4000

Eligibility Requirements: Victims of domestic violence or sexual assault over the age of 18.

Summary of Program: The mission of the Onslow Women's Center is to provide crisis intervention to victims of domestic violence and sexual assault and to work toward ending all forms of interpersonal violence through education and prevention. OWC provides the following free and confidential services:

- 24-Hour Crisis Line
- Crisis Intervention
- Hospital Advocacy
- Safe House
- Court Advocacy
- Thrift Store (Finder's Keepers located at New River Shopping Center)
- Hispanic Outreach
- Support Groups

Intake/Application Process: Initial contact by phone via the crisis line or walk-in at the address listed above. Hours are M-F from 8-5.

PEERS Family Development Center
151 Chaney Avenue
Jacksonville, NC 28540
www.peersfamilyswebs.com
910.333.9725

Eligibility Requirements: Services are free to all Onslow County residents. Age limits for child care are 6 weeks to 5 years old. Parent Education is offered to parents of all ages. The Adolescent Parenting Program is for pregnant or parenting families where the parent is 19 years old or younger.

Summary of Program:

- **Child Care:** Free child care offered Monday, Wednesday, and Friday from 9 am – 1pm for children from 6 weeks to 5 years of age. Please call in advance to schedule to schedule child care.
- **Parent Education:** Open to families with children of all ages. There are different curriculums taught by PEERS staff based on the needs of the family. Classes are held at night on Monday through Thursday. Dinner and child care are provided on site. Other times and locations can be added based on the need of the family
- **Adolescent Parenting Program:** This program is for adolescents who are 19 or younger who are currently pregnant or parenting. The program is open to males and females. The goals are to assist parents in finishing high school or its equivalent, effective use of birth control, increasing parenting and life skills in order to become self-sufficient.

Intake/Application Process: Referral forms are used for classes and can be filled out by the participant or the referring agency. Applications are available at PEERS. Please call for more information.

Philippians Place
PO Box 1673
Richlands, NC 28574
www.philippiansplace.com
910.581.0615

Eligibility Requirements: Clients must be currently homeless or at risk of becoming homeless, not currently using and/or addicted to any illegal drug or alcohol without treatment plan or program, provide or have access to 2 forms of identification, provide proof of current living situation, current program support for addiction, and proof of any income being listed, do not have pets or can place pets currently residing with them into homes or shelters prior to move in, provide a list of illnesses and/or prescriptions that they are or have been on, agree to our program guidelines.

Summary of Program: The six-month program is designed to help each of our clients successfully transition into becoming self-reliant, contributing members of the community through the implementation of a focused curriculum of life skills/values, education, and work experience targeted to meet each individual's specific needs and goals. Philippians Place has an outline of curriculum activities as well as a maximum value that can be associated with each item per week. The program requirement is to have each client meet a *TOTAL* of 40 hours minimum per week of combined program curriculum activities *AND* work (if they have a job). Clients who are working 40+ hours a week at a job are required to meet a minimum of 10 hours a week of items directly from the program. Our clients, with the guidance and support of their mentors, will be responsible for scheduling and completing their individualized program requirements.

Intake or Application Process:

- Individual downloads and completes application from philippiansplace.com, and then submits the application: email it to team@philippiansplace.com, or mail it to Philippians Place, P.O. Box 1673, Richlands, NC 28574
- The intake process can take up to 30 days and is dependent upon openings
- Program director, committee members, and/or board members will conduct three separate applicant interviews.
- If board approves, a drug test date and time will be set.
- If drug test is passed, background check will be completed.
- Drug test and background check will be presented to the Board.
- Applicant will be contacted: not approved or selected.
- Once selected, the Client will be assigned a mentor.
- Client is moved into an apartment.

PRIDE
118B Branchwood Drive
Jacksonville, NC 28546
www.pridenc.com
910.938.9833

Eligibility Requirements: Pride in North Carolina, Inc. has several programs that serve children from age 4 through adults of any age with a variety of challenges. Each program has different eligibility requirements.

- Intensive In Home: Children ages 4 through 21 who are at risk of out of home placement due to behavioral and/or mental health concerns, who have been unsuccessful at lower levels of treatment, and who are Medicaid recipients.
- Outpatient Therapy (individual and family): Any individual/family/couple facing behavioral or psychological challenges. Outpatient Therapy services can be provided to recipients of Medicaid, Blue Cross Blue Shield, and Tricare, as well as individuals with no insurance at all.
- Tele-Psychiatry: Any individual with a mental health diagnosis. May have Medicaid or no insurance. Individuals are required to attend outpatient therapy in conjunction with tele-psychiatry services.
- Psychosocial Rehabilitation: Adults ages 18 and over with psychiatric disabilities. Individuals must have Medicaid.
- Project Voice: Adults ages 18 and over with intellectual/developmental disabilities. Individuals must have CAP waiver.
- B3 Peer Support: Adults ages 18 and over with a mental health or substance abuse disability. Individuals must have Medicaid.

Summary of the Program:

- Outpatient Therapy: Pride offers individual, family, and group therapy to address a variety of issues and help improve daily life and interactions with others. Our clinicians utilize a variety of Evidenced Based Practices to help guide your treatment and journey of recovery. Outpatient therapy services are provided by licensed clinicians who hold Masters degrees.
- Intensive In Home: Pride provides intensive interventions to both the child and parent(s) in an effort to maintain children in their own homes and provide caregivers with the skills and support they need to effectively parent. Licensed therapists provide parent skills training to caregivers utilizing an evidence-based treatment model. As topics are taught, the provider works with the caregivers to apply newly-learned skills. Additionally, providers work one-on-one with the child to gain comprehensive understanding of the complex issues of the family and the most appropriate intervention strategies with the child. Teams of three work with the family, each with different levels of education and have different responsibilities, to make sure the child and family receive everything they need to become stable and healthy. Intensive In Home teams are on call 24/7 to assist and respond to crisis situations with the family.
- Medication Management/Tele-Psychiatry: Pride offers psychiatric evaluations and medication management. Additionally, Pride offers psychiatric services via tele-medicine to improve accessibility for people in need of these services.
- Psychosocial Rehabilitation is a structured day program for adults with psychiatric disabilities, designed to enhance the vocational, educational, leisure, and self-help skills of the participants. This program focuses on skills and resource development related to life in the community and on increasing the participants' ability to live independently, manage their illness, and participate in community opportunities related to functional, social, educational, and vocational goals.
- Project VOICE is a day program for adults with developmental disabilities located in Jacksonville. Activities are designed to provide individuals with outlets that are age and developmentally appropriate, and oriented toward personal growth and the development of independence. Participants may spend a part of their day or week engaged in vocational, educational, socialization, and self-help skills training in the community as appropriate.
- B3 Peer Support: Pride provides hands on services by teaching and assisting adults with learning Instrumental Activities of Daily Living (IADL's). IADL's allow the individual to live independently in the community by assisting in skills such as housework, shopping for groceries or clothes, preparing meals, medication management, managing money, etc.

Intake or Application Process: To make a referral contact Jacquetta Foster at (910) 938-9833. Referrals can be made by anyone to include service providers, family members, and individuals themselves. Individuals seeking services will first schedule an appointment with a licensed clinician to complete a comprehensive clinical assessment to determine needs and clinical treatment recommendations.

Realo Discount Drug Clinical Services

2680-1 Henderson Drive
Jacksonville, NC 28546

www.realodiscountdrug.com

910-455-9982

Eligibility Requirements: Please see individual summary descriptions for eligibility requirements.

Summary of Program:

- **Wellness for Kids:** Vitamins ensure your kids get the nutrients they need to thrive and grow. Receiving vitamins on a daily basis promotes growth, protects against certain diseases, and supports proper metabolism. Realo's Wellness for Kids program offers a free monthly supply of vitamins for kids ages 4-12. There is no income requirement for this program.
- **Enhanced Services:** As a member of the Community Pharmacy Enhanced Services Network (CPESN), Realo provides services focused on building strong relationships with patients and providers in order to improve overall patient health. Available to both children and adults, these services include: 24-hour emergency service, free prescription delivery, medication packaging in weekly or monthly pill trays, home visits, immunizations (age restrictions apply), disease state management programs, smoking cessation support, Naloxone dispensing and education, comprehensive medication reviews, post-discharge medication reconciliation, presumptive Medicaid dispensing (when Medicaid coverage has not yet been established or confirmed, such as in emergency foster placement), and compounded medications for special needs. Contact a Realo pharmacist for more information.

Application Process: Referrals from a community partner, family member or patient are accepted via phone or in person at any of our locations. New patient enrollment forms are also available online at www.realodiscountdrug.com.

The Salvation Army of Onslow & Jones County

461 Center Street
Jacksonville, NC 28540

910.346.8800

Summary of Program: The Salvation Army has been "Doing the Most Good" in Onslow Co. for 31 years. As a nonprofit organization, it relies heavily on the support of donors and volunteers. Contributions can be mailed to The Salvation Army, 461 Center Street, Jacksonville, NC 28540. Phone number 910-346-8800; fax 910-346-1968.

- **Assistance services:** The Assistance Office is located at 461 Center Street in Jacksonville. Business hours are Monday through Friday 9 a.m. to 3 p.m., closed 11:30 to 1 p.m. for restocking. The Assistance Office provides food, household items and clothing vouchers to our Thrift store, and financial assistance when funds are available. ID is required for some services.
- **Emergency Food assistance** is available to Onslow County residents one time without a referral. For subsequent visits (up to 4), a referral from a service agency is required. TEFAP food commodities are available once per month additionally to Onslow County residents. The Food Pantry does accept donations of unexpired food items.
- The Salvation Army hosts a Mobile Food Drive on the second Tuesday of each month at 461 Center St. Cars may begin lining up at 10:00 AM open to residents of any County. Food boxes are distributed in a drive-thru process, one box per household, until gone. ID is preferred; no referral necessary. The Salvation Army offers a Summer Feeding and Enrichment program for 8 weeks during summer break, which provides free breakfast and lunch for children 18 yrs. of age and younger. The program is held at Frost Park in Maysville, NC. For more information call (910)346-8800.
- Household items and clothing vouchers are limited to one per household, per year. A referral from a service agency and ID are required. The voucher is written at the Assistance Office and then used at Salvation Army Thrift Stores located in Jacksonville. Furniture vouchers will only be provided to victims of fire and/or disasters.
- Past due utility bill assistance is available only to Onslow County residents who meet program guidelines when funds are available. Financial assistance can only be provided once every 12 months, when funds are available. It is recommended clients call ahead to first find out if funds are available and then schedule an appointment to apply for assistance. Applications go before a review board for approval.
- Religious services, led by Corps Officers Majors Dean and Pam Moretz, are held every Sunday at 461 Center St., Jacksonville. Services include 10 a.m. Sunday school and 11 a.m. Holiness Meeting.
- Christmas programs include Angel Tree, Adopt-a-Family, food for the elderly, and Red Kettle bell ringing. Please call 910-346-8800 for more information or for volunteering opportunities.

- Thrift stores: Thrift stores fund most of the Salvation Army's assistance programs. Furniture and appliances can be scheduled for picked up by call 910-577-5060. Receipts for tax purposes are obtainable for donations made during store hours. There is always a need of volunteers to assist at the thrift stores. Call 910-346-8800 for more information on volunteering.
 - Thrift store locations: Jacksonville, 451 Center St. Hours: Monday-Saturday, 9 a.m. - 4:30 p.m. An after-hours donation shed is onsite for small items. Call 910-346-0937.

Tri-Counties Crusaders Re-entry Program

825 Gum Branch Rd Suite 120

Jacksonville, NC 28546

www.tricountiescrusaders.com

910.939.5173

Eligibility: Must be 18 years of age or older. Fees are based on a sliding scale

Summary of Program: The services that TCC provides are:

- Evidence Based Risk Assessment: Tool providing a risk level for your offender and the chances they will commit a crime based on the answers provided.
- Case management: This service can vary from client to client based on the needs of the individual. This can range from submitting housing paperwork and assisting with all aspects of transitioning from the shelter to a home to creating a budget and assisting with linking the offender to the appropriate Medical and MH providers.
- Pre and Post Release Assessment: Informational tool to help gather growth and monitor needs.
- Family Reunification: Fostering and encouraging the clients and their families who are willing, able and ready to take steps forward in reuniting their families and being the process of healing.
- Cognitive Behavior Class: This class deals with life skills, providing essential independent living skills (online banking, budgeting, email, renting a home, building credit) re-entry into society can be difficult for some offenders, this class can help with some of the daily struggles many go through during the transition. This class also works with emotions, feelings, behaviors and difficulty regulating these.
- One to One mentoring: This can be used in various ways such as spiritual, athletic, educational, vocational etc. Mentors are an essential part of the program.
- Job Readiness & Job Monitoring: At TCC you will have an IEP (Individualized Employment Plan) This will all your job coach and counselor to accurately assess where you are in the employment process and what barriers you might have to gaining employment. If it is deemed that an offender may need additional courses before actual job searching The Action Plan will dictate that in the long and short term goals.
- Faith-based Counseling: Depending on the faith of the offender the TCC counselor will assist in reaching out to the local faith identified and attempt to bridge that gap.
- Assisting Veterans and Homeless or at risk of homelessness (SOAR) Benefits
- Entrepreneurship Training: Vocational skills, testing, writing your own business plan, having the knowledge and skills by the end of the class to start your own LLC. Learn to make your dreams into a reality.
- Substance abuse and Relapse Prevention Class: Education and support for addicts and their families.

TCC works in partnership with all community agencies to provide the best possible wrap around services to the client and their needs. If a client identifies a need that cannot be met at TCC then a referral will be made to an outside agency. This program takes the effort and willingness of the client/offender.

Intake /Application Process: Client can be and self –referral. Agency in the community can refer via agency referral form.

All clients are seen by appointment only. Tues, Wed, Thurs from 10-5pm. Always bring picture ID

Once contact is made with the individual an appointment must be set up with one of TCC's intake specialist. This is an essential meeting and will last for at least 1.5 hours. During this time the Intake Specialist gathers demographic information and creates a file. The Evidenced Based Assessment is completed. This is a tool used to predict risk level, the offender's needs, patterns and desires for the future, this assessment covers Addiction, Mental Health, Incarceration, Vocational/Educational History, Homeless etc. and finally NEEDS. The client will sign an Intake Agreement regarding Confidentiality, Personal Information and Benefits of Intake Assessment which will go in the file. Release of Information to Probation will be signed (if applicable) and added to the file and lastly The Requirements Rules & Responsibilities.

An appointment with an Intake Specialist will give the new client a Journal/Appointment Book and encourage them to use this as a method/outlet to write down things that they may struggle with, have questions about, or find difficult in the days until our next appointment so that we can refer back to them and process them. The next appointment date will be written in the front of the

notebook/journal with the DATE and TIME along with the Address and phone number for TCC. As a new release or just a new client to us it is best practice in the first month to (if possible) see the person once every two weeks for at least the first few weeks. The Intake Specialist will often write down some "homework" for the individual to have for the next appointment. (Ex. Find S.S card. Cert. of Completion of GED)

Each former offender and their identified needs are noted and systematically worked through by either an In-house referral or a community referral.

Trillium Health Resources

165 Center Street

Jacksonville, NC 28540

www.trilliumhealthresources.org

Business Line: 866.998-2597

24 Hour Crisis Care and Service Enrollment: 877.685-2415

Summary of Program: Trillium Health Resources is a local governmental agency that manages mental health, substance use and intellectual/developmental disability services in a 24-county area in eastern North Carolina. Our responsibility is to connect individuals and families to the help they need when they need it. We are responsible for managing state and federally funded services for people who receive Medicaid, are uninsured or cannot afford services. Trillium does not provide direct care. Instead, we partner with agencies and licensed therapists in our Provider Network to offer services and supports to people in need in or near their own communities. We ensure the delivery of the right services, in the right amount, at the right time. We also work collaboratively with local non-profits, other governmental agencies, medical providers, and hospitals to create a holistic system of total patient care that recognizes all needs of an individual.

United Way

403 N. Bayshore Boulevard

Jacksonville, NC 28540

www.uwonslow.org

910.347.2646

Solutions for Stability

Eligibility Requirements: The United Way has several programs; however for this particular program, Solutions for Stability, clients must literally be homeless and have a pre-screening total between 6 and 11 on VI-SPDAT. This is an assessment tool conducted by a trained evaluator.

Summary of Program: The program serves homeless families or individuals that have entered the program through the Coordinated Assessment tool and placed in the rapid rehousing program. The program participants are assisted with housing deposits and utilities based on a progressive engagement practice. Participants are case managed and followed to ensure client sustainability.

Intake/Application Process: Clients are referred through third-party agencies such as Onslow Community Outreach, Onslow Women's Center, OMH, etc. The agency must verify that the client is homeless (in a shelter, on street, in a car, not meant for human habitation).

211

Summary of Program: The United Way maintains the 211 information system. 211 is a health and human services information database that contains information useful to individuals in need. For more information call 211 or visit www.nc211.org.

Volunteer Onslow

Summary of Program: United Way of Onslow County houses the Onslow County volunteer center, Volunteer Onslow, which is a clearinghouse for volunteerism in our community. We work with a variety of nonprofit agencies across the county to determine their volunteer needs and make those needs known to our volunteer community.

Intake/Application Process: To volunteer with Volunteer Onslow you will need to go to the website and create an account. Once your account is created you will have access to many different volunteer opportunities with the United Way and local partner agencies. Just click on the word NEEDS and open up a new world of volunteer opportunities.

University of Mount Olive

2543 Onslow Drive
Jacksonville, NC 28540

www.umo.edu

910.455.1677 ext. 4413

Eligibility Requirements: In order to apply to attend UMO, prospective students must have graduated from high school or the equivalent of high school.

Summary of the Program: A University that offers Bachelor's degrees with seated classes meeting one night per week in the Jacksonville location. We offer Bachelor's degrees in Accounting, Business Management, Criminal Justice & Criminology, Early Childhood Education, Healthcare Management, Human Resource Management, Leadership, Management Information Systems, and an Associate's Degree in General Studies.

Application Process: Submit an application on the website at www.umo.edu. If applicable, submit an official transcript from all previous college coursework. Contact Admissions Representative, Kimberly Suttle at kstuttle@umo.edu or 910.455-1677 ext. 4413.

Vocational Rehabilitation

39B Office Park Drive
Jacksonville, NC 28546

www.ncdhhs.gov/dvrs

910.455.1445

Eligibility Requirements: Individuals who have a physical, psychiatric, or intellectual disability which impedes employment and will benefit from vocational rehabilitation services to find employment.

Summary of Program: The Division of Vocational Rehabilitation Services provides counseling, training, education, transportation, job placement, assistive technology, and other support services to people with disabilities.

Intake/Application Process: Clients can apply for services by calling the office. A referral will be taken over the phone and they will be assigned a time to come in for their initial intake. During their intake appointment, they will be assigned a counselor and sign necessary consent forms. Once eligibility is determined the individual is sent a letter to contact their counselor to discuss services that are necessary to find employment.

Wounded Warrior Battalion East

PSC Box 20008

Camp Lejeune, NC 28542-0008

<http://www.bneast.woundedwarriorregiment.org>

910.449.9800

910.449.9646 FRO

Eligible Requirements: Families of Active Duty, Retired, Reserve, DOD ID Cardholder. Usually those attached to WWBn-East or have been attached (Alumni).

Summary of Program: Outreach to families whose service members are undergoing medical treatment. Provide assistance with transition planning, resource referral, quarterly wellness checks.

Intake/Application Process: No application. Simply call for assistance.